APRIL BREAKFAST

WHAT'S NEW?

Our delicious mini loaf of cornbread is now available for breakfast! Try it in a variety of meals, such as:

Sausage Scramble with Cornbread - paired with scrambled eggs and chicken sausages, served with a packet of real maple syrup

Omelet & Cornbread Breakfast - paired with a cheddar cheese omelet and packet of ketchup

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

Chef reserves the right to change menu for seasonality and new menu innovation.

revolution foods

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK
8 • corn chex & giant cinnamon graham goldfish (df)	9 • cinnamon grahams & string cheese	10 • banana muffin	11 • hot buttermilk pancakes (v)	12 • blueberry burst muffin
15 • cinnamon grahams & string cheese	16 • plain bagel & cream cheese	17 • mini lemon muffin & string cheese	18 • hot cinnamon toast bagel	19 • cinnamon crumbles
22 • shelf stable cinnamon chex & honey grahams	23 • hot buttermilk pancakes (v)	24 • banana muffin	25 • hot cheesy bean breakfast burrito (v)	26 • yogurt & granola
29 • cinnamon "dipperdoodle" bar (df)	30 • hot cinnamon toast bagel			

This institution is an equal opportunity provider.

NOVA Academy ECHS

APRIL LUNCH

WHAT'S NEW?

We've traveled the globe to bring you fresh flavors!

Try our new Korean BBQ Beef - thinly-sliced beef drizzled with a sweet and slightly spicy glaze of tamari soy sauce, mild red chile paste, sesame seeds and green onions, served on a bed of long-grain rice with diced carrots. Dairy-free!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK
8 • five cheese lasagna (v) • chicken caesar wrap (df) • ham & cheese sandwich ○ steamed corn	9 • chicken enchilada plate • egg salad sandwich (v) (df) ○ baby carrots	10 Domino's Cheese Pizza • mighty meaty deli combo sandwich ○ lettuce & tomatoes	11 • bean & cheese quesadilla (v) • turkey & cheddar sandwich ○ celery sticks with ranch	12 • rainbow veggie pizza (v) • veggie taco salad (v) ○ kidney beans, edamame, carrot, corn
15 • chicken bites • cheesy pizza bite meal (v) ○ green peas	16 • crispy chicken sandwich (df) • mighty meaty deli combo sandwich ○ garbanzo, edamame, & shredded carrots	17 • the revolution dog (df) Domino's Cheese Pizza ○ blanched broccoli with ranch (chilled)	18 • classic chicken parm pasta • bean & cheese quesadilla (v) • chicken caesar wrap (df) ○ sliced cucumber	19 • meatless "sausage" calzoni • garden ranch salad with chicken ○ glazed carrots
22 • chicken taco trio • southwest veggie wrap (v) • chicken salad sandwich (df) ○ steamed corn	23 • cheese pizza (v) • mighty meaty deli combo sandwich ○ kidney beans, edamame, carrot, corn	24 Domino's Cheese Pizza • veggie chef's salad (v) ○ lettuce & tomatoes with ranch	25 • mongolian beef • ham & cheese sandwich ○ sliced cucumber	26 • kickin' chicken parm pasta • garden ranch salad with chicken ○ baby carrots
29 • smothered beef burrito • bean and cheese pupusas (v) • buffalo chicken wrap ○ seasoned carrots, corn & peas	30 • chicken gumbo & cornbread • veggie chef's salad (v) • mighty meaty deli combo sandwich ○ blanched broccoli with ranch (chilled)			

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

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revolution foods

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