

NOVA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
December 27, 2021	December 28, 2021	December 29, 2021	December 30, 2021	December 31, 2021
January 3, 2022	January 4, 2022	January 5, 2022	January 6, 2022	January 7, 2022
				NEW ITEM
January 10, 2022	January 11, 2022	January 12, 2022	January 13, 2022	January 14, 2022
FROSTED CORN FLAKES ^ Cherry Breakfast Bar ^ Craisins Orange-Tangerine Juice Choice of Milk	BEEF SAUSAGE SLIDER ^ Diced Peaches Grape Juice Grape Jelly Choice of Milk	RICE CHEX^ Graham Crackers ^ Fresh Apple Choice of Milk	CINNAMON TOAST CRUNCH FILLED BAR^ Fresh Banana Fruit Punch Juice Choice of Milk	BLUEBERRY MINI MUFFIN ^ String Cheese Fresh Apple Choice of Milk
January 17, 2022	January 18, 2022	January 19, 2022	January 20, 2022	January 21, 2022
MARTIN LUTHER KING JR.	TRIX ^ Maple Breakfast Square ^ Craisins Fruit Punch Juice Choice of Milk	BANANA MINI MUFFIN ^ String Cheese Fresh Apple Choice of Milk	CHICKEN BISCUIT ^ Fresh Banana Grape Juice Honey Choice of Milk	GOLDEN GRAHAM CEREAL ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
January 24, 2022	January 25, 2022	January 26, 2022	January 27, 2022	January 28, 2022
COCOA PUFFS ^ Strawberry Pancake Square ^ Craisins Apple Juice Choice of Milk	CHERRY FRUDEL^ Diced Peaches Fruit Punch Juice Choice of Milk	DOUBLE CHOCOLATE MINI MUFFIN ^ String Cheese Fresh Apple Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Orange-Tangerine Juice Choice of Milk	STRAWBERRY YOGURT Granola ^ Fresh Apple Choice of Milk
January 31, 2022	February 1, 2022	February 2, 2022	February 3, 2022	February 4, 2022
APPLE CINNAMON CHEERIOS ^ Graham Crackers ^ Craisins Orange-Tangerine Juice Choice of Milk				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

NOVA ACADEMY

LHV2 - Lunch 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
December 27, 2021	December 28, 2021	December 29, 2021	December 30, 2021	December 31, 2021
January 3, 2022	January 4, 2022	January 5, 2022	January 6, 2022	January 7, 2022
	NATIONAL SPAGHETTI DAY			
January 10, 2022	January 11, 2022	January 12, 2022	January 13, 2022	January 14, 2022
CHEESY BAKED PENNE ^ WITH GREEN BEANS Breadstick ^ CHEESE PIZZA^ Country Blend Vegetables Diced Pears Apple Juice Choice of Milk	MEATBALL SUB Hot Dog Bun ^ MAC & CHEESE ^ Breadstick ^ Diced Carrots Broccoli Applesauce Orange-Tangerine Juice Chocolate Cookie ^ Choice of Milk	GENERAL TSO'S CHICKEN & NOODLES ^ BEAN & CHEESE BURRITO ^ Mixed Vegetables Fresh Baby Carrots Ranch Dressing Fresh Banana Grape Juice Salsa Vanilla Cookie ^ Choice of Milk	CRUNCHY CHICKEN TENDERS ^ CHIK'N NUGGETS Cornbread ^ Seasoned Diced Potatoes Diced Carrots Fresh Apple Slices Fruit Punch Juice BBQ Sauce Ketchup Choice of Milk	BBQ CHICKEN VEGETARIAN BURGER Hamburger Bun ^ Baked Beans Sun Splash Veggie Juice Diced Peaches Orange-Tangerine Juice Choice of Milk
January 17, 2022	January 18, 2022	January 19, 2022	January 20, 2022	January 21, 2022
MARTIN LUTHER KING JR.	GRILLED CHEESE PANINI ^ Diced Carrots PIZZA DIPPERS ^ Marinara Sauce Sun Splash Veggie Juice Applesauce Grape Juice Choice of Milk	*GLOBAL BITES* MOROCCAN MEATBALLS W/PEARL COUSCOUS Diced Carrots MINI CHEESE RAVIOLI WITH SAUCE ^ Broccoli Fresh Banana Orange-Tangerine Juice Vanilla Cookie ^ Choice of Milk	TERIYAKI CHICKEN PATTY VEGETARIAN BURGER Hamburger Bun ^ French Fries Green Beans Fresh Orange Fruit Punch Juice Fritos ^ Mustard Ketchup Choice of Milk	CHICKEN NUGGETS ^ WITH BAKED BEANS CHIK'N NUGGETS Cornbread ^ Baked Beans Corn Diced Pears Apple Juice Cheddar Sun Chips ^ BBQ Sauce Choice of Milk
January 24, 2022	January 25, 2022	January 26, 2022	January 27, 2022	January 28, 2022
MINI CHEESE RAVIOLI W/GREEN BEANS Breadstick ^ CHEESE PIZZA^ Green Beans Diced Carrots Diced Peaches Grape Juice Choice of Milk	CRISPY CHICKEN PATTY ^ VEGETARIAN BURGER Hamburger Bun ^ Mashed Potatoes Sun Splash Veggie Juice Applesauce Craisins BBQ Sauce Choice of Milk	*WALKING TACO* TURKEY TACOS VEGETARIAN CHILI WITH BEANS Wild White Nacho Doritos^ Salsa Cup Broccoli Fresh Baby Carrots Ranch Dressing Fresh Pear Apple Juice Vanilla Cookie ^ Choice of Milk	GORN DOG ON A STICK^ GRILLED CHEESE PANINI ^ Potato Wedges Corn Fresh Apple Slices Fruit Punch Juice Mustard Ketchup Choice of Milk	CHICKEN TENDERS ^ WITH BAKED BEANS CHIK'N NUGGETS Cornbread ^ Baked Beans French Fries Diced Pears Orange-Tangerine Juice BBQ Sauce Choice of Milk
January 31, 2022	February 1, 2022	February 2, 2022	February 3, 2022	February 4, 2022
BEAN & CHEESE BURRITO ^ Salsa Cup PIZZA DIPPERS ^ Marinara Sauce Corn Applesauce Grape Juice Choice of Milk				

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