

DECEMBER

BREAKFAST

NOVA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
November 29, 2021	November 30, 2021	December 1, 2021	December 2, 2021	December 3, 2021
		TRIX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana* Fruit Punch Juice Grape Jelly Choice of Milk	CHERRY BREAKFAST BAR ^ String Cheese Fresh Apple Choice of Milk
December 6, 2021	December 7, 2021	December 8, 2021	December 9, 2021	December 10, 2021
FROSTED CORN FLAKES ^ Cherry Breakfast Bar ^ Craisins Orange Juice Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Peaches Grape Juice Grape Jelly Choice of Milk	RICE CHEX^ Honey Graham Crackers^ Fresh Apple Choice of Milk	PILLSBURY GRAPE CRESCENT ^ Fresh Banana* Fruit Punch Juice Choice of Milk	BLUEBERRY MINI MUFFIN ^ String Cheese Fresh Apple Choice of Milk
December 13, 2021	December 14, 2021	December 15, 2021	December 16, 2021	December 17, 2021
FRUITY CHEERIOS^ Maple Breakfast Square ^ Craisins Fruit Punch Juice Choice of Milk	WAFFLES ^ Diced Pears Apple Juice Syrup Choice of Milk	BANANA MINI MUFFIN ^ String Cheese Fresh Apple Choice of Milk	CHICKEN BISCUIT ^ Fresh Banana* Grape Juice Honey Choice of Milk	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
December 20, 2021	December 21, 2021	December 22, 2021	December 23, 2021	December 24, 2021
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
December 27, 2021	December 28, 2021	December 29, 2021	December 30, 2021	December 31, 2021
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at preferredmealsmenu.com

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USDA is an equal opportunity provider and employer.

DECEMBER

LUNCH

NOVA ACADEMY

LHV2 - Lunch 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
November 29, 2021	November 30, 2021	December 1, 2021	December 2, 2021	December 3, 2021
		GRILLED CHEESE PANINI ^ Potato Wedges Corn Diced Peaches Fruit Punch Juice Ketchup Choice of Milk	CHEESEBURGER Hamburger Bun ^ Baked Beans MINI CHEESE RAVIOLI WITH SAUCE ^ Breadstick ^ Sun Splash Veggie Juice Fresh Apple Slices Grape Juice Mustard Ketchup Choice of Milk	TURKEY & CHEESE ON A BUN ^ BEAN & CHEESE BURRITO ^ French Fries Diced Carrots Fresh Banana Orange Juice Fritos ^ Light Mayonnaise Taco Sauce Ketchup Choice of Milk
December 6, 2021	December 7, 2021	December 8, 2021	December 9, 2021	December 10, 2021
PIZZA DIPPERS ^ Marinara Dipping Sauce Sun Splash Veggie Juice Applesauce Orange Juice Choice of Milk	PENNE PASTA W/MEAT SAUCE ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Breadstick ^ Broccoli Diced Peas Fruit Punch Juice Choice of Milk	CRUNCHY CHICKEN TENDERS ^ BEAN & CHEESE BURRITO ^ Corn Salsa Cup Tortilla Rounds ^ Fresh Banana Apple Juice BBQ Sauce Choice of Milk	HOT DOG WITH POTATO ROUNDS Hot Dog Bun ^ GRILLED CHEESE PANINI ^ French Fries Baked Beans Applesauce Orange Juice Fritos ^ Mustard Ketchup Choice of Milk	GENERAL TSO'S CHICKEN & NOODLES ^ BEAN & CHEESE EMPANADA ^ Mixed Vegetables Green Beans Diced Peaches Grape Juice Chocolate Cookie ^ Choice of Milk
December 13, 2021	December 14, 2021	December 15, 2021	December 16, 2021	December 17, 2021
MAC & CHEESE ^ Cornbread ^ Green Beans Diced Carrots Diced Peas Fruit Punch Juice Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Breadstick ^ Broccoli Corn Diced Peaches Grape Juice BBQ Sauce Choice of Milk	HERO SANDWICH ^ GALAXY CHEESE PIZZA ^ Potato Wedges Mixed Vegetables Orange Juice Cralsins Mustard Ketchup Choice of Milk	CHEESY TACO MEAT BEAN & CHEESE BURRITO ^ Tortilla Rounds ^ Salsa Cup Corn Fresh Apple Slices Orange Juice Chocolate Cookie ^ Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun ^ GRILLED CHEESE PANINI ^ Baked Beans SunSet Sip Juice Fresh Banana Grape Juice Mustard Ketchup Choice of Milk
December 20, 2021	December 21, 2021	December 22, 2021	December 23, 2021	December 24, 2021
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
December 27, 2021	December 28, 2021	December 29, 2021	December 30, 2021	December 31, 2021
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

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