NOVEMBER Breakfast

preferredmeals an elior company

NOVA ACADEMY

BRC - Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
October 28, 2019	**October 29, 2019**	**October 30, 2019**	**October 31, 2019**	**November 1, 2019**
				NO SCHOOL
November 4, 2019	**November 5, 2019**	**November 6, 2019**	**November 7, 2019**	**November 8, 2019**
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	VANILLA YOGURT Granola ^ Applesauce Cup Fruit Punch Juice Choice of Milk	BANANA MUFFIN ^ String Cheese Fresh Apple Choice of Milk	WHOLE WHEAT BAGEL Cream Cheese Fresh Banana Orange-Tangerine Juice Choice of Milk	CINNAMON TOAST CRUNCH ^ Animal Grahams Fresh Apple Choice of Milk
November 11, 2019	**November 12, 2019**	**November 13, 2019**	**November 14, 2019**	**November 15, 2019**
NO SCHOOL	Strawberry/Banana Yogurt Granola ^ Fruit Punch Juice Diced Pears Choice of Milk	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk	RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Choice of Milk	PEACH MINI LOAF^ String Cheese Fresh Apple Choice of Milk
November 18, 2019	**November 19, 2019**	**November 20, 2019**	**November 21, 2019**	**November 22, 2019**
GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Choice of Milk	COCOA PUFFS ^ Graham Crackers ^ Orange-Tangerine Juice Diced Peaches Choice of Milk	String Cheese Chocolate Chip Mini Loaf ^ Fresh Apple Choice of Milk Assorted Jelly	VANILLA YOGURT Granola ^ Fresh Banana Applesauce Cup Choice of Milk	APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk
November 25, 2019	**November 26, 2019**	**November 27, 2019**	**November 28, 2019**	**November 29, 2019**
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	THANKSGIVING	HOLIDAY BREAK

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

***** This institution is an equal opportunity provider.**

NOVA ACADEMY – Coachella

Hot, Cold and Vegetarian Lunch 9-12

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
October 28, 2019	**October 29, 2019**	**October 30, 2019**	**October 31, 2019**	**November 1, 2019**
				NO SCHOOL
November 4, 2019	**November 5, 2019**	**November 6, 2019**	**November 7, 2019**	**November 8, 2019**
CRUNCHY CHICKEN TENDERS ^ TURKEY AND CHEESE SANDWICH Green Beans Mixed fruit cup Tropical Veggie Juice Snickerdoodle Cookie ^ BBQ Sauce Ketchup Choice of Milk	RIB-B-QUE Hamburger Bun ^ BEAN AND CHEESE BURRITO Fresh Baby Carrots Diced Peaches Grape Juice Ketchup Choice of Milk	MEATLOAF PANINI ^ FOUR CHEESE PANINI Corn Potato Rounds Diced Pears Apple Juice Cheddar Sun Chips ^ Ketchup Mayonnaise Choice of Milk	CHEESY TACO MEAT CHILI WITH BEANS Tortilla Rounds ^ Romaine Salad Crunchy Celery Sticks Light Ranch Dressing Fresh Apple Vanilla Cookie ^ Choice of Milk	CRISPY CHICKEN PATTY ^ TURKEY HAM-AMERICAN CHEESE SANDWICH Hamburger Bun ^ Fresh baby Carrots Fruit Punch Juice Mixed fruit cup BBQ Sauce Choice of Milk
November 11, 2019	**November 12, 2019**	**November 13, 2019**	**November 14, 2019**	**November 15, 2019**
NO SCHOOL	HOMESTYLE SALISBURY STEAK W/GRAVY Hamburger Bun ^ TOASTED CHEESE SANDWICH Potato Wedges Green Beans Mixed Fruit Cup Apple Juice Ketchup Choice of Milk	DOMINO'S PEPPERONI PIZZA DOMINO'S CHEESE PIZZA Jalapenos Cucumber Coins Light Ranch Dressing Diced Peaches Orange-Tangerine Juice Choice of Milk	MINI CORN DOGS ^ DELI SUB SANDWICH Baby carrots Fresh Pear Grape juice Snickerdoodle Cookie ^ Mustard Ketchup Choice of Milk	ITALIAN CHICKEN PARMESAN ^ Hamburger Bun ^ SOUTHWESTERN BLACK BEAN AND CHEESE BURRITO Diced Carrots Jalapenos Light Ranch Dressing Fresh Banana Orange-Tangerine Juice Choice of Milk
November 18, 2019	**November 19, 2019**	**November 20, 2019**	**November 21, 2019**	**November 22, 2019**
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ TURKEY AND CHEESE SANDWICH Broccoli florets Applesauce Cup Orange-Tangerine Juice Choice of Milk	4-CHEESE PANINI DELI SUB SANDWICH Baby Carrots Corn Fruit Punch Juice Ketchup Mustard Choice of Milk	CHICKEN TACO Tortilla Rounds ^ TURKEY HAM AND CHEESE SANDWICH Jalapenos Baby Carrots Light Ranch Dressing Fresh Banana Chocolate Cookie ^ Choice of Milk	MEATBALL SUB Hot Dog Bun ^ MINI CHEESE RAVIOLI WITH SAUCE Potato Rounds Mixed Vegetables Fresh Apple Multi Grain Sun Chips ^ Choice of Milk	****Family Feast**
November 25, 2019	**November 26, 2019**	**November 27, 2019**	**November 28, 2019**	**November 29, 2019**
HOLIDAY BREAK	**HOLIDAY BREAK**	**HOLIDAY BREAK**	***THANKSGIVING***	**HOLIDAY BREAK**

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

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