

WEEKLY EAGLE

[\(Haga clic aquí para español\)](#)

October 2, 2026

Dear NOVA Families,

- ★ On Tuesday, the **Student Advisory Council** did a wonderful job coordinating a fun, successful **field day** at Angels Park. Students had a chance to participate in a soccer competition outdoors!
- ★ On Wednesday, some of our Eagle Athletes attended the **Angels Park Ribbon Cutting Ceremony**. This ceremony celebrated a **brand-new basketball court** that our Eagles will use during P.E.
- ★ Thank you to our families who attended **Parent-Teacher Conferences** last night. We witnessed many parents and guardians having insightful conversations with our teachers as they discussed their children's behaviors in the classroom, academic achievements, and areas of growth. Our next Parent-Teacher Conference date will take place in the Spring Semester.
- ★ Today, our Eagles in Mr. Wilson's **Physics** and **Engineering** classes attended the **Pacific Airshow in Huntington Beach**, which provided students with the opportunity to interact with aviation and tech professionals, learn about cutting-edge technology and aerospace innovations, meet world-class aviators, watch live aerial performances, and engage in exhibits.
- ★ **Red Ribbon Week** is the largest drug-abuse prevention campaign in the United States. NOVA Academy will be participating in Red Ribbon Week through our annual **Family Class Door Decorating Contest**. Beginning **Monday, October 5 - Friday, October 23**, all NOVA Family Classes will compete against each other to design an Anti-Drug message on their classroom door. Judging will take place on **Wednesday, October 28**. The winners will receive a pizza party for their Family Class (one winner per grade level).
- ★ Next week on **Tuesday, 10/6**, our middle schoolers, freshmen, and sophomores will have guest workshop facilitators from the **Orange County Department of Education Youth Substance Use Prevention Program** to facilitate age-appropriate lessons on cannabis use prevention and vaping. Juniors and seniors will participate in these workshops on **Tuesday, 10/13**.

Wishing all of our families a wonderful weekend!

FIELD DAY HIGHLIGHTS:



ANGELS PARK RIBBON CUTTING CEREMONY HIGHLIGHTS:



PARENT-TEACHER CONFERENCES HIGHLIGHTS:



PACIFIC AIRSHOW HIGHLIGHTS:



MIDDLE SCHOOL PROGRAMS:

FREE AFTER-SCHOOL PROGRAM!

STEM

STRUCTURAL ENGINEERING

Build it. Test it. Improve it!
Students will explore the world of structural engineering through hands-on challenges that encourage creativity, problem-solving, teamwork, and design thinking.

THURSDAYS | 4:00-5:00 PM
CLASSROOM 403
8/27, 9/10, 9/17, 9/24, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 12/3, 12/10

 **NOVA ACADEMY**
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

SOCCER

Get moving and build your soccer skills!
Students will develop fundamental techniques, teamwork, coordination, and game strategies while having fun on the field.

MONDAYS | 4:00-5:00 PM
ANGELS PARK
8/24, 8/31, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7

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EARLY COLLEGE MIDDLE SCHOOL

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FREE AFTER-SCHOOL PROGRAM!

ART

Unleash your creativity!
Students will explore different art techniques and projects while developing their artistic skills, expressing themselves, and creating something they can be proud of.

TUESDAYS | 4:00-5:00 PM
CLASSROOM 403
8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8

 **NOVA ACADEMY**
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

COOKING

Mix, create, and cook!
Students will learn basic cooking skills, explore new recipes and ingredients, and gain hands-on experience preparing delicious food.

WEDNESDAYS | 4:00-5:00 PM
COLLEGE HUB
8/26, 9/2, 9/9, 9/23, 9/30, 10/7, 10/14, 10/21, 11/4, 11/18, 12/2, 12/9

 **NOVA ACADEMY**
EARLY COLLEGE MIDDLE SCHOOL

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FREE AFTER-SCHOOL PROGRAM!

TUTORING

HOMEWORK SUPPORT

A dedicated time for middle school students to complete homework, ask questions, and receive extra academic support from staff. Students can get help with challenging assignments, stay on track, and build strong study habits.

MON-THUR | 3:00-3:30 PM
CLASSROOM 402
MS. BARRY
CLASSROOM 401
MS. FLORES

 **NOVA ACADEMY**
EARLY COLLEGE MIDDLE SCHOOL

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FREE AFTER-SCHOOL PROGRAM!

FLIGHT TIME

Join the Eagles Nest for some time to relax, connect, and have fun! Students can choose from free play, video games, board games, and the sports court while spending time with friends in a fun and welcoming environment.

MONDAY-THURSDAY | 3:30-4:00 PM
FRIDAY | 2:00-3:00 PM
EAGLES NEST

 **NOVA ACADEMY**
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

HIGH SCHOOL PROGRAMS:

FREE AFTER-SCHOOL PROGRAM!

OFFICE HOURS

HOMEWORK SUPPORT

MON-THU | 4:00-4:30 PM

A dedicated time for high school students to complete homework, ask questions, and receive extra academic support from any of their teachers. Students can get help with challenging assignments, stay on track, and build strong study habits.

MR. BATSTONE - ROOM 201
MR. PHUNG - ROOM 202
MR. MARLOWE - ROOM 203
MS. SANCHEZ - ROOM 204
MR. MCCORMICK - ROOM 205
MR. WILSON - ROOM 301
MR. GOODHEART - ROOM 302
MR. MITCHELL - ROOM 303
MS. BOARDMAN - ROOM 304
MR. DELGADO - ROOM 305
MR. STOLINSKI - ROOM 306
MS. MUNOZ - ROOM 307




FREE AFTER-SCHOOL PROGRAM!

FASHION DESIGN

WEDNESDAYS | 4:00-5:00 PM

Design it. Create it! Students will explore fashion concepts, sketch their own ideas, learn basic design techniques, and develop creative projects inspired by their personal style.

LOCATION: CLASSROOM 304
8/26, 9/2, 9/9, 9/23, 9/30,
10/7, 10/14, 10/21, 11/4, 11/18,
12/2, 12/9

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

MANGA ART

TUESDAY | 4:00-5:00 PM

Turn your ideas into something real! Students will learn the basics of 3D design and printing while creating, testing, and bringing their own digital designs to life.

LOCATION: COLLEGE HUB
8/25, 9/1, 9/8, 9/15, 9/22,
9/29, 10/6, 10/13, 10/20, 10/27,
11/3, 11/10, 11/17, 12/1, 12/8

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

SOCCER

TUE/WED | 4:00-5:00 PM

Take your game to the next level! Students will develop soccer skills, improve fitness and coordination, practice teamwork, and compete in a fun and supportive environment.

LOCATION: ANGELS PARK*
8/25, 8/26, 9/1, 9/2, 9/8, 9/9,
9/15, 9/22, 9/23, 9/29, 9/30,
10/6, 10/7, 10/13, 10/14, 10/20,
10/21, 10/27, 11/3, 11/4, 11/10,
11/17, 11/18, 12/1, 12/2, 12/8, 12/9

To sign up, see Ms. Cuevas.




*Meet in Eagles Landing for attendance.

FREE AFTER-SCHOOL PROGRAM!

STEM 3D PRINTING

MONDAY | 4:00-5:00 PM

Turn your ideas into something real! Students will learn the basics of 3D design and printing while creating, testing, and bringing their own digital designs to life.

LOCATION: CLASSROOM 301
8/24, 8/31, 9/14, 9/21, 9/28,
10/5, 10/12, 10/19, 10/26, 11/2,
11/9, 11/16, 11/30, 12/7

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

COOKING

MONDAY | 4:00-5:00 PM

Explore the art of cooking through hands-on recipes, techniques, and culinary challenges. Students will build practical kitchen skills while creating and enjoying their own dishes.

LOCATION: COLLEGE HUB
8/24, 8/31, 9/14, 9/21, 9/28,
10/5, 10/12, 10/19, 10/26, 11/2,
11/9, 11/16, 11/30, 12/7

To sign up, see Ms. Cuevas.




- **STUDENT ADVISORY COUNCIL:** NOVA's high school **Student Advisory Council** is an opportunity for students to connect with school leadership and help guide school programs, community school initiatives, and campus culture. Students are welcome to join the council and get involved in mentorship, journalism, leadership, and more!

join the

Student Advisory Council

Benefits include:

- community service hours
- meet new people
- develop leadership skills
- makes for a stronger college application
- enjoy priority for field trips

For more information, please talk to the executive board:
Mariana Lozano, Vanessa Cruz, Joanny Pallares,
Antonio Calderon, & Rethney Pariba

HIGH SCHOOL ATHLETICS:

GIRLS VOLLEYBALL

28-Aug Friday	4:00 PM First Baptist LB	1000 Pine Ave.
14-Sep Monday	4:30 PM Vista Meridian Global	1710 W Edinger Ave, Santa Ana, CA 92704
16-Sep Wednesd	3:45 PM Waldorf	883 W 15th Street
21-Sep Monday	3:30 PM Eastside Christian Schools	1701 W Valencia Dr, Fullerton, CA 92833
23-Sep Wednesd	3:00 PM Bethel Baptist Church	Momentous
25-Sep Friday	3:00 PM First Baptist LB	Momentous
28-Sep Monday	5:00 PM Liberty Christian Schools	7661 Warner Avenue, Huntington Beach, CA
7-Oct Wednesd	3:00 PM Eastside Christian Schools	Momentous
9-Oct Friday	3:15 PM Bethel Baptist Church	13732 Clinton St, Garden Grove, CA 92843
12-Oct Monday	3:00 PM Liberty Christian Schools	Momentous

ASB:



COUNSELING DEPARTMENT:

RESOURCES:

[Crisis Text Line](#)

Having a hard time? Need some support? Crisis text line is a free 24/7 text support. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform.

- Text HOME to 741741 available 24 hours a day
- Instagram: [@crisistextline](#)

[988 Suicide and Crisis Lifeline](#)

The 988 Suicide and Crisis Lifeline provides 24/7, free and confidential support for people in distress and offers prevention and crisis resources for you or your loved ones. Call today and get connected, or visit the website for more information.

- Call or text 988
- Instagram: [@988lifeline](#)

Teen Line

Do you need help working something out? Do you want to talk to someone who understands, like another teen? The Teen Line is here to help! The toll-free hotline is available from 6:00 p.m. - 10:00 p.m., and the text line is available from 6:00 p.m. - 9:00 p.m.

- Text TEEN to 839863
- Call 310-855-4673
- Instagram: [@teenlineonline](#)

The Trevor Lifeline (LGBTQ+)

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer, and questioning youth. If you are a young person in crisis, or just need a safe and judgment-free place to talk, text or call today.

- Text START to 678-678
- Call 1-866-488-7386, 24 hours a day
- Instagram: [@trevorproject](#)

GRADUATION REQUIREMENTS:

- [Click Here](#)
- If you have questions about your student's graduation status, contact Ms. Mier, Counselor.

SENIORS:

- **Financial Aid 101 for Students & Families**
 - CSAC is also offering two free, statewide virtual Financial Aid 101 presentations designed specifically for students and families.
 - Use the registration links below to register for a straightforward, one-hour overview of financial aid and the application process.
 - These virtual presentations are free and open to all students and families.

Thursday, October 8th at 6:00 pm

https://csac-ca.gov.zoom.us/webinar/register/WN_LV3WazfqTsewVK3UuhLONg

COLLEGE APPLICATIONS!

- If you need help and would like to attend a Thursday College Application workshop, please fill out the form to sign up!
- [College App Workshop Sign up Form](#)

To access applications:

- [UC Application](#)
- [CSU Application](#)
- [Common App](#)

Before you submit your applications, make sure you:

- Review your transcript and confirm that all of your courses and grades are entered correctly.
- Use your unofficial transcript when completing your academic history.
- Include any college courses you have completed or are currently taking.
- Double-check your information before submitting.
- Keep track of your usernames, passwords, application IDs, and deadlines.
- Ask for help early! Please do not wait until the day an application is due.

Explore Colleges:



FALL IN LOVE WITH Cal State Fullerton®

October 24, 2026 | 10 a.m. – 2 p.m.

Join us at

Fall in Love with Cal State Fullerton



ACADEMIC COLLEGES



CAMPUS TOURS



TITAN PRIDE



STUDENT RESOURCES

This is an open house event where you can explore our academic programs, take a campus tour, and learn about the resources and support services we offer.

We invite anyone interested in discovering what our campus has to offer to attend this event.



Scan QR Code
to RSVP!

CSUF

Outreach, Recruitment
and Orientation
STUDENT AFFAIRS AND
STRATEGIC ENROLLMENT MANAGEMENT

COLLEGE OPPORTUNITY PROGRAM:

- **Santa Ana College** classes for the **Fall 2026** semester begin **August 17th, 2026 through December 5th, 2026 (8/17/26-12/05/26)**. An accelerated college course is an intensive, fast-paced class that condenses traditional 15- to 16-week semester material into a shorter window, typically lasting 5 to 8 weeks. Students cover the same academic content and earn the same number of credits in a fraction of the time. Accelerated courses range from **8/17/26-10/11/26 & 10/12/17-12/05/26**.
 - If you have not taken college courses since Fall 2025, you will need to see Ms. Rodriguez to complete an application.
 - If you took college courses in Spring 2026, you are able to sign up for courses [here](#).
 - Current students who are enrolled in courses, access Self Service & Canvas [here](#).
 - If you need a college textbook, please request here: [College Textbook Request Form](#)
 - **If you have any questions, please contact Ms. Rodriguez**

JUNIORS – CHECK OUT LEDA!

Dreaming of attending a top college? 🎓

LEDA is a FREE program that helps high-achieving juniors prepare for college, develop leadership skills, and includes a summer experience at Princeton University!

- ✨ College application support
- ✨ Leadership development
- ✨ Financial aid guidance
- ✨ FREE summer program at Princeton

Interested? Stop by the College Hub and see Ms. Rodriguez for more information!

[LEDA Info Flyer](#)

[LEDA Application](#)

COLLEGE BOUND:

- **College Bound with the Boys & Girls Club of Central Orange Coast** is a **FREE** college and career readiness program that works to ensure high school students graduate on time with a customized plan for the future. This year-round program provides daily academic support, sponsors numerous college pathway activities, assists with resource acquisition, explores career options, and prepares members for a successful experience after high school graduation.
- Visit Ms. Dominique in the College Hub to learn more about College Bound! If you have any questions, you can email dperez@boysandgirlsclub.com if interested in joining, click here to enroll: [COLLEGE BOUND - Sign Up!](#) Or fill out an interest form → [NOVA | College Bound– Fill out form](#)
- **PARENTS:** College Bound offers help to parents, as well! We discuss topics such as financial aid, college, high school requirements and how to support your student! Join our Remind group chat to receive information to register for our presentations. [Remind for Parents](#)

All updates available on the College Bound bulletin board located outside the College Hub



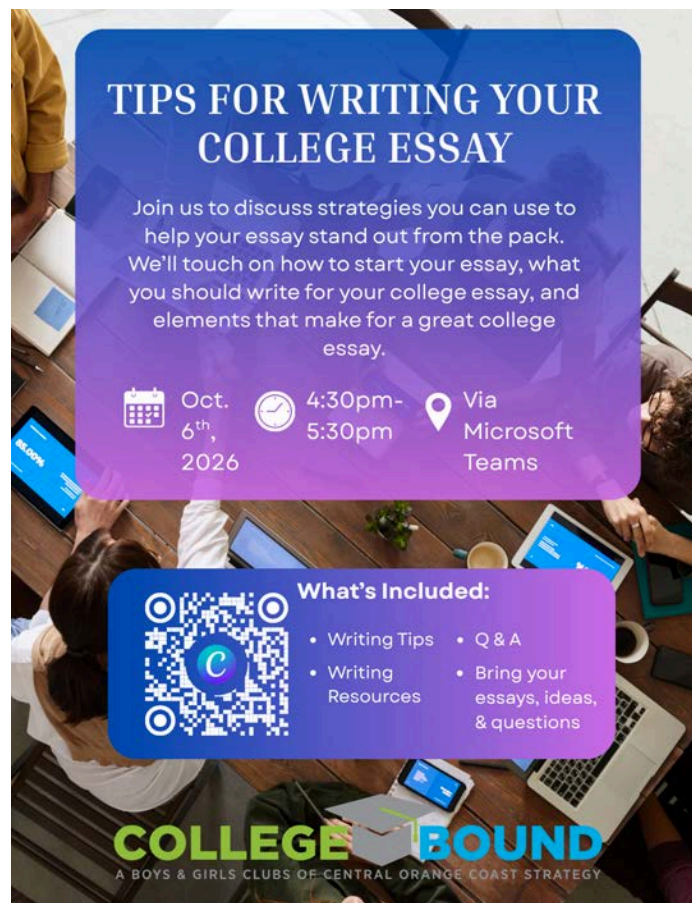
Monthly Calendar: Tentative October Schedule

OCTOBER 2026					COLLEGE BOUND A BOYS & GIRLS CLUBS OF CENTRAL ORANGE COAST STRATEGY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
			1	2		
5	6 Webinar  Tips for Writing Your College Essays Teams @ 4:30pm	7	8	9		
12	13	14	15 Webinar  Major Exploration Teams @ 4:00pm	16		
19	20	21 Webinar  Resume Building Teams @ 4:30pm	22	23		
26	27	28 Webinar  The Benefits of Community College Teams @ 4:30pm	29	30		

Upcoming Event:

Join us on Tuesday, Oct. 6th, 2026 @4:30pm, to discuss strategies you can use to help your essay stand out from the pack. We'll touch on how to start your essay, what you should write for your college essay, and elements that make for a great college essay. **Register here:**

<https://events.teams.microsoft.com/event/ec4d2f33-6602-4bea-857b-1b59940f692f@619f572b-fee9-4203-b774-3eb7f77df3a2>



NOVA Seniors!

College Application season is upon us, and there must be many questions running through your head. No fear, workshops will be available for you to get all the support you need. I will be holding workshops Monday & Tuesday every other week beginning September 14th. Space is limited so please sign up early! Not a College Bound member, if interested in joining, click here to enroll: [COLLEGE BOUND - Sign Up!](#) Or fill out an interest form → [NOVA | College Bound– Fill out form](#)

Available Scholarships:

[College JumpStart Scholarships](#)

Description: We offer four scholarships each year honoring our mission: Hard work. Perseverance. Love of learning. These are the traits that the College JumpStart Scholarship rewards. If you are a high school, college or adult learner and are looking for ways to pay for college, then the College JumpStart Scholarship may be for you.

Deadlines: September 30, 2026-June 30, 2027

Opportunities:

Are you interested in exploring your future opportunities in engineering? Through engineer speaker talks, program workshops, and a group project, EIP is a chance to explore your future in engineering this Fall
9 SATURDAY AFTERNOONS: OCTOBER 10th - DECEMBER 5th

11 AM - 2 PM PT OR 2 PM - 5 PM PT

LOCATION: ONLINE VIA ZOOM

Apply here: <https://www.impactinternships.org/eip/>

Are you interested in exploring the health sciences, medical care and science research? Through health speaker talks, workshops & group projects, HSIP is a chance to explore your future in the health sciences this Fall! 9 SATURDAY AFTERNOONS: **OCTOBER 10th - DECEMBER 5th**

12 PM - 3 PM PT OR 3 PM - 6 PM PT

LOCATION: ONLINE VIA ZOOM

Apply here: <https://www.impactinternships.org/hsip/>

Fall 2026 Virtual STEM Immersion Programs



9 SATURDAY AFTERNOONS:

OCTOBER 10TH TO DECEMBER 5TH

APPLY BY - SATURDAY, OCTOBER 3RD, 2026

HSIP

HEALTH SCIENCE IMMERSION PROGRAM

(12-3PM OR 3-6PM PT)

- Explore the Health Sciences Field
- Hear Speaker Talks from a Physician, Dentist, Professor
- Collaborate on Medical Journal Group Project
- Examine Medical Career Pathways

More Info & Apply at:
[impactinternships.org/hsip](https://www.impactinternships.org/hsip)

EIP

ENGINEERING IMMERSION PROGRAM

(11AM -2PM OR 2-5PM PT)

- Learn More About Engineers & the Products They Develop
- Hear From Engineers about their Education Pathways, Work & Careers
- Take part in a Team Design Project
- Explore Engineer Career Pathways

More Info & Apply at:
[impactinternships.org/eip](https://www.impactinternships.org/eip)



SCHOOL RESOURCES:

- 2026 - 2027 SY NOVA RESOURCE GUIDE: [Click Here](#)
- SCHOOL MEALS MENU:

OCTOBER BREAKFAST				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Croissant w/ Grape Jelly	2 Yogurt w/ Honey Grahams Mini Maple Pancakes
5 Cinnamon Crumble Waffle	6 Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	7 Croissant w/ Grape Jelly French Toast Sticks	8 Chocolate Chip Muffin Top	9 Yogurt w/ Honey Grahams Mini Maple Pancakes
12 Bagel w/ Cream Cheese Apple Hand Pie	13 Conchita w/ String Cheese Egg, Cheese & Green Salsa Breakfast Burrito	14 Banana Muffin Mini Strawberry Pancakes	15 Berry Apple Zee Zee Bar Beef Sausage & Cheese English Muffin Sandwich	16 Strawberry Yogurt Parfait w/ Cinnamon Granola Waffle
19 Cinnamon Roll French Toast Sticks	20 Yogurt w/ String Cheese Mini Maple Pancakes	21 Fruit & Yogurt Smoothie w/ Granola Egg, Cheese & Green Salsa Breakfast Burrito	22 Yogurt w/ Honey Grahams Sausage & Cheese Stuffed Waffle	23 Blueberry Muffin Mini Strawberry Pancakes
26 Cinnamon Crumble Waffle	27 Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	28 Croissant w/ Grape Jelly French Toast Sticks	29 Chocolate Chip Muffin Top	30 Yogurt w/ Honey Grahams Mini Maple Pancakes
Breakfast Includes: Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains are Whole Grain Rich		Featured Fruit: Banana (1/2 C), Pear (1/2 C), Apple Slices (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C)		RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 

This institution is an equal opportunity provider. Menus are subject to change without notice.

OCTOBER LUNCH				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bean & Cheese Pupusa w/ Pinto Beans Cheese Tamale w/ Black Beans	2 Cheese Pizza Pepperoni Pizza
5 Chicken Bites w/ Mashed Potatoes & Pretzels PB&J Sandwich Kit (Seedbutter) w/ Tajin Corn	6 Cheese Lasagna w/ Marinara & Wheat Crackers Beef & Cheese Taco Stick w/ Baby Carrots	7 Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas	8 Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans	9 Cheese Pizza Pepperoni Pizza
12 Orange Chicken with Brown Rice, Peas & Goldfish Grahams Wowbutter & Jetty Sandwich w/ Corn Tajin	13 Parm Pizza Bites w/ Marinara Dipping Sauce Pineapple Teriyaki Chicken w/ Rice & Diced Carrots & Goldfish Cheddars	14 Mac & Cheese w/ Mixed Vegetables & Dinner Roll Sesame Beef Bowl w/ Broccoli	15 BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Pupusa w/ Pinto Beans	16 Cheese Pizza Pepperoni Pizza
19 Cheeseburger w/ Oven Baked Fries Bean Burrito Bowl w/ Rice & Corn	20 Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots	21 Parm Pizza Bites w/ Marinara Dipping Sauce Grilled Cheese Sandwich w/ Baby Carrots	22 Cheese Tamale w/ Black Beans Turkey Nachos w/ Refried Beans & Tortilla Chips	23 Cheese Pizza Pepperoni Pizza
26 Chicken Bites w/ Mashed Potatoes & Pretzels PB&J Sandwich Kit (Seedbutter) w/ Tajin Corn	27 Cheese Lasagna w/ Marinara & Wheat Crackers Beef & Cheese Taco Stick w/ Baby Carrots	28 Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas	29 Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans	30 Cheese Pizza Pepperoni Pizza
Lunch Includes: Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains are Whole Grain Rich	Veg of the Day: Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch & Roll (1 C) Thursday: Jicama Slices (1/2 C) Monday: Baby Carrots (1/2 C) Tuesday: Celery Sticks (1/2 C) Wednesday: Cucumber Slices (1/2 C) w/ Tajin	Featured Fruit: Apple (1/2 C), Nectarine (1/2 C), Pear (1/2 C), Peach (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C), Banana (1/2 C), Apple Slices (1/2 C), Persimmon (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 	

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SOCAL Lunch NSLP 9-12

- **BREAKFAST & LUNCH:** All meals this year are FREE, so every student has the option for both breakfast and lunch. We ask that no food deliveries be made at school by outside restaurants or delivery services, as everyone has the option to eat for free on campus.
- **OC Streetcar** testing is becoming more frequent and routine along the full route between the Santa Ana Train Station and the Harbor/Westminster stop in Garden Grove. As testing increases, streetcar activity will become more noticeable throughout the community, including horn and bell sounds, as preparations continue for passenger service early next year.
 - As testing increases, sharing the road safely with streetcars is especially important. Please stay alert, obey traffic laws, park legally and keep streetcar tracks and travel lanes clear. Illuminated signs at certain intersections will activate as streetcars approach to temporarily detour traffic. Vehicles that block or interfere with streetcar operations may be subject to towing in accordance with local parking regulations.
 - **What You Can Expect:**
 - Testing taking place more frequently, including nights and weekends
 - Streetcars operating routinely at posted speed limits
 - Streetcars stopping at station platforms, with doors opening and closing as part of testing
 - Bells sound as streetcars approach, arrive at, depart from or pass through station platforms; use may vary as testing continues.
 - Both horns and bells sound as streetcars pass through certain station platforms, approach crossings or when needed for safety; use may vary as testing continues.

[OC Streetcar Testing Toolkit](#)

For additional OC Streetcar safety information and tips, please visit:

[OC Streetcar Safety](#)

The testing schedule is subject to change.

For questions or additional information, please contact Melina Cabrera at mcabrera@octa.net or 714-560-5923.

- **FREE YOUTH OCTA BUS PASSES:** Beginning this school year, OCTA will no longer provide Wave cards directly to school districts. To ensure your child can continue riding OCTA buses **free of charge**, parents and guardians must renew their child's Youth Ride Free pass by **September 30, 2026**. To renew, please:
 - Create a **Wave account**.
 - Submit a new **Youth Ride Free application**.
 - Once approved, the new pass will be loaded onto your child's **existing Wave card**—no replacement card is needed.
 - **Don't have a Wave card?** No problem! You can request one as part of the application process, and the card will be mailed directly to you.
 - Please visit [OCBus.com/Apply](https://ocbus.com/Apply) to create your account and complete the application.
 - We encourage families to complete this process before the September 30 deadline to avoid any interruption in your child's free bus transportation.



- **PARKING PERMITS:** Students who drive vehicles to school must complete paperwork to receive clearance to park in the school parking structure. Only students who have submitted all required documents to the front office can be provided with a parking permit.
- **AERIES PORTAL:** The [Aeries Parent/Student Portal](#) provides parents and students with a secure, convenient way to access student information such as attendance, grades, and assignments.
- **PARENTSQUARE:** ParentSquare is a safe and secure platform for all school-to-home communication. [Click here](#) to download the application.

COMMUNITY RESOURCES:

- **COMMUNITY SERVICE HOURS:** 20 hours of community service are required each year for high school students. 10 community service hours for every semester at NOVA.
 - [Volunteer Match](#)
 - [Habitat for Humanity](#)
 - [Second Harvest Food Bank](#)
 - [YMCA of OC](#)
 - [OC Rescue Mission](#)
 - [Saddleback Church Pantry](#) (scroll to bottom of page under "Give Help")
 - [City of Santa Ana](#)
 - [United Way](#)
 - [Latino Health Access](#)
 - [Volunteer Opportunities in Orange County](#)
 - **Be a Volunteer Tutor.** Volunteer on a weekday and help elementary age students with their homework. If interested in volunteering, complete the [volunteer registration form here](#)
- **FAMILIES IN NEED OF RESOURCES:**
 - [OC Navigator can help](#)
 - [FindHelp](#)
- **FAMILY RESOURCE CENTERS:**
 - Families & Communities Together: [Click here](#)
- **PARENT EDUCATION PROGRAM AT SAC:** [Click here](#) to learn how you can take English courses, finish high school, take health and activity courses, attend citizenship classes, and train for a career for FREE! You may also call 714-241-5700 for more information.

COMING UP:

October

2 - Pacific Airshow (Physics & Engineering Field Trip)

5 - Family Class Red Ribbon Week Door Decorating Contest Begins

6 - SEL - OCDE Youth Substance Use Prevention - Gr. 6,7,9,10

8 - Regular Board Meeting

9 - Nutrition/Wellness Fall Meeting (Acadiz/Reyes)

11 - SAC Accelerated Courses End (1st - 8 weeks)

12 - SAC Accelerated Courses Begin (2nd - 8 weeks)

12 - Possible Counselor training FAFSA?? Virtual 8:30 - 11:30

13 - SEL - OCDE Youth Substance Use Prevention - Gr. 11, 12

15 - The Great California ShakeOut - Earthquake Drill (No Evacuation)

20 - Senior Day - College Bound Activities & Workshops (Seniors)

20 - PSAT/NMSQT (Juniors & Sophomores)

20 - Freshman College Tour - USC, CSUDH - Freshman Family Teachers (Boardman, Delgado, Phung - No MS Periods on Even Day for these teachers) Arrive back at NOVA by 3:45pm

16 or 23 - Homecoming if students request it at NOVA

23 - Family Class Red Ribbon Week Door Decorating Contest Ends

26 - 30 - Spirit Week

29 - Red Ribbon Week Door Decorating Winners Announced

27 - Chapman University Visit during Family 11:40AM-12:10PM (Admissions Counselor presentation in College Hub)

28 - Staff Professional Development (Minimum Day)

29 - High School Night @ El Sol Academy

30 - ASB Assembly

30 - Progress Report 2

BE SURE TO FOLLOW US ON SOCIAL MEDIA TO STAY CONNECTED!



WEEKLY EAGLE

[ESPAÑOL]

2 de octubre de 2026

Estimadas Familias de NOVA,

- ★ El martes, el **Consejo Asesor Estudiantil** hizo un trabajo maravilloso coordinando un evento divertido y exitoso de **día de campo** en Angels Park. Los estudiantes tuvieron la oportunidad de participar en una competencia de fútbol al aire libre.
- ★ El miércoles, algunos de nuestros atletas asistieron a la **ceremonia de inauguración de Angels Park**. Esta ceremonia celebró una **cancha de baloncesto completamente nueva** de la que nuestras Águilas harán uso durante la clase de educación física.
- ★ Gracias a nuestras familias que asistieron las conferencias de **padres y maestros** anoche, muchos padres mantuvieron conversaciones muy enriquecedoras con nuestros profesores sobre el comportamiento de sus hijos en clase, sus logros académicos y las áreas en las que necesitan mejorar. La próxima reunión de padres y profesores tendrá lugar durante el semestre de primavera.
- ★ Hoy, nuestros estudiantes en las clases de **Física e Ingeniería** asistieron a un paseo de **Exhibición aérea del Pacífico en Huntington Beach** que brindó a los estudiantes la oportunidad de interactuar con profesionales de la aviación y la tecnología, aprender sobre tecnología de vanguardia e innovaciones aeroespaciales, conocer a aviadores de talla mundial, ver exhibiciones aéreas en vivo y participar en exposiciones.
- ★ **La Semana del Lazo Rojo** es la mayor campaña de prevención del abuso de drogas en los Estados Unidos. NOVA Academy participará en la Semana del Lazo Rojo a través de nuestra campaña anual. El **concurso de decoración de puertas para la clase familia** comienza el **lunes 5 de octubre y termina el viernes 23 de octubre**. Todas las clases de NOVA Family competirán entre sí para diseñar un mensaje antidrogas en la puerta de su aula. La evaluación se llevará a cabo el **miércoles, 28 de octubre** y los ganadores recibirán una fiesta de pizza para su clase familiar (un ganador por nivel de grado).
- ★ El **martes, 6 de octubre**, nuestros estudiantes de grados intermedios y preparatoria tendrán facilitadores de talleres invitados del **Programa de Prevención del Consumo de Sustancias en Jóvenes del Departamento de Educación del Condado de Orange** para facilitar lecciones apropiadas para la edad sobre la prevención del consumo de cannabis y el vapeo. Los juniors y seniors participarán en estos talleres el **Martes, 10/13**.

¡Les deseamos a todas nuestras familias un maravilloso fin de semana!

DÍA DE CAMPO:



CEREMONIA DE INAUGURACIÓN DE ANGELS PARK:



CONFERENCIAS DE PADRES Y MAESTROS:



ESPECTÁCULO AÉREO DEL PACÍFICO:



PROGRAMAS DE ESCUELA INTERMEDIA:

FREE AFTER-SCHOOL PROGRAM!

STEM

STRUCTURAL ENGINEERING

Build it. Test it. Improve it!
Students will explore the world of structural engineering through hands-on challenges that encourage creativity, problem-solving, teamwork, and design thinking.

THURSDAYS | 4:00-5:00 PM
CLASSROOM 403
8/27, 9/10, 9/17, 9/24, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 12/3, 12/10

 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

SOCCER

Get moving and build your soccer skills!
Students will develop fundamental techniques, teamwork, coordination, and game strategies while having fun on the field.

MONDAYS | 4:00-5:00 PM
ANGELS PARK
8/24, 8/31, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7

 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

ART

Unleash your creativity!
Students will explore different art techniques and projects while developing their artistic skills, expressing themselves, and creating something they can be proud of.

TUESDAYS | 4:00-5:00 PM
CLASSROOM 403
8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8

 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

COOKING

Mix, create, and cook!
Students will learn basic cooking skills, explore new recipes and ingredients, and gain hands-on experience preparing delicious food.

WEDNESDAYS | 4:00-5:00 PM
COLLEGE HUB
8/26, 9/2, 9/9, 9/23, 9/30, 10/7, 10/14, 10/21, 11/4, 11/18, 12/2, 12/9

 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

TUTORING

HOMEWORK SUPPORT

A dedicated time for middle school students to complete homework, ask questions, and receive extra academic support from staff. Students can get help with challenging assignments, stay on track, and build strong study habits.

MON-THUR | 3:00-3:30 PM
CLASSROOM 402
MS. BARRY
CLASSROOM 401
MS. FLORES

 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

FLIGHT TIME

Join the Eagles Nest for some time to relax, connect, and have fun! Students can choose from free play, video games, board games, and the sports court while spending time with friends in a fun and welcoming environment.

MONDAY-THURSDAY | 3:30-4:00 PM
FRIDAY | 2:00-3:00 PM
EAGLES NEST

 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

PROGRAMAS DE ESCUELA PREPARATORIA:

FREE AFTER-SCHOOL PROGRAM!

OFFICE HOURS

HOMEWORK SUPPORT

MON-THU | 4:00-4:30 PM

A dedicated time for high school students to complete homework, ask questions, and receive extra academic support from any of their teachers. Students can get help with challenging assignments, stay on track, and build strong study habits.

MR. BATSTONE - ROOM 201
MR. PHUNG - ROOM 202
MR. MARLOWE - ROOM 203
MS. SANCHEZ - ROOM 204
MR. MCCORMICK - ROOM 205
MR. WILSON - ROOM 301
MR. GOODHEART - ROOM 302
MR. MITCHELL - ROOM 303
MS. BOARDMAN - ROOM 304
MR. DELGADO - ROOM 305
MR. STOLINSKI - ROOM 306
MS. MUNOZ - ROOM 307



NOVA ACADEMY
EARLY COLLEGE HIGH SCHOOL

FREE AFTER-SCHOOL PROGRAM!

FASHION DESIGN

WEDNESDAYS | 4:00-5:00 PM

Design it. Create it! Students will explore fashion concepts, sketch their own ideas, learn basic design techniques, and develop creative projects inspired by their personal style.

LOCATION: CLASSROOM 304
8/26, 9/2, 9/9, 9/23, 9/30,
10/7, 10/14, 10/21, 11/4, 11/18,
12/2, 12/9

To sign up, see Ms. Cuevas.



NOVA ACADEMY
EARLY COLLEGE HIGH SCHOOL

FREE AFTER-SCHOOL PROGRAM!

MANGA ART

TUESDAY | 4:00-5:00 PM

Turn your ideas into something real! Students will learn the basics of 3D design and printing while creating, testing, and bringing their own digital designs to life.

LOCATION: COLLEGE HUB
8/25, 9/1, 9/8, 9/15, 9/22,
9/29, 10/6, 10/13, 10/20, 10/27,
11/3, 11/10, 11/17, 12/1, 12/8

To sign up, see Ms. Cuevas.



NOVA ACADEMY
EARLY COLLEGE HIGH SCHOOL

FREE AFTER-SCHOOL PROGRAM!

SOCCER

TUE/WED | 4:00-5:00 PM

Take your game to the next level! Students will develop soccer skills, improve fitness and coordination, practice teamwork, and compete in a fun and supportive environment.

LOCATION: ANGELS PARK*
8/25, 8/26, 9/1, 9/2, 9/8, 9/9,
9/15, 9/22, 9/23, 9/29, 9/30,
10/6, 10/7, 10/13, 10/14, 10/20,
10/21, 10/27, 11/3, 11/4, 11/10,
11/17, 11/18, 12/1, 12/2, 12/8, 12/9

To sign up, see Ms. Cuevas.



NOVA ACADEMY
EARLY COLLEGE HIGH SCHOOL

*Meet in Eagles Landing for attendance.

FREE AFTER-SCHOOL PROGRAM!

STEM 3D PRINTING

MONDAY | 4:00-5:00 PM

Turn your ideas into something real! Students will learn the basics of 3D design and printing while creating, testing, and bringing their own digital designs to life.

LOCATION: CLASSROOM 301
8/24, 8/31, 9/14, 9/21, 9/28,
10/5, 10/12, 10/19, 10/26, 11/2,
11/9, 11/16, 11/30, 12/7

To sign up, see Ms. Cuevas.



NOVA ACADEMY
EARLY COLLEGE HIGH SCHOOL

FREE AFTER-SCHOOL PROGRAM!

COOKING

MONDAY | 4:00-5:00 PM

Explore the art of cooking through hands-on recipes, techniques, and culinary challenges. Students will build practical kitchen skills while creating and enjoying their own dishes.

LOCATION: COLLEGE HUB
8/24, 8/31, 9/14, 9/21, 9/28,
10/5, 10/12, 10/19, 10/26, 11/2,
11/9, 11/16, 11/30, 12/7

To sign up, see Ms. Cuevas.



NOVA ACADEMY
EARLY COLLEGE HIGH SCHOOL

● CONSEJO ASESOR ESTUDIANTIL:

- La **escuela secundaria Consejo Asesor Estudiantil** es una oportunidad para que los estudiantes se conecten con el liderazgo escolar y ayuden a guiar los programas escolares, las iniciativas escolares comunitarias y la cultura del campus. ¡Los estudiantes son bienvenidos a unirse al consejo y participar en mentoría, periodismo, liderazgo y más!



DEPORTES DE PREPARATORIA:

VOLEIBOL FEMENINO

28-Aug Friday	4:00 PM	First Baptist LB	1000 Pine Ave.
14-Sep Monday	4:30 PM	Vista Meridian Global	1710 W Edinger Ave, Santa Ana, CA 92704
16-Sep Wednesd	3:45 PM	Waldorf	883 W 15th Street
21-Sep Monday	3:30 PM	Eastside Christian Schools	1701 W Valencia Dr, Fullerton, CA 92833
23-Sep Wednesd	3:00 PM	Bethel Baptist Church	Momentous
25-Sep Friday	3:00 PM	First Baptist LB	Momentous
28-Sep Monday	5:00 PM	Liberty Christian Schools	7661 Warner Avenue, Huntington Beach, CA
7-Oct Wednesd	3:00 PM	Eastside Christian Schools	Momentous
9-Oct Friday	3:15 PM	Bethel Baptist Church	13732 Clinton St, Garden Grove, CA 92843
12-Oct Monday	3:00 PM	Liberty Christian Schools	Momentous

ASB:



DEPARTAMENTO DE ORIENTACIÓN PRÁCTICA:

RECURSOS:

[Línea de ayuda para crisis por mensaje de texto](#)

¿Estás pasando por un mal momento? ¿Necesitas apoyo? Crisis Text Line ofrece asistencia gratuita por mensaje de texto las 24 horas, los 7 días de la semana. Un consejero especializado en crisis recibe tu mensaje y responde en vivo, todo desde una plataforma segura en línea.

- Envía un mensaje de texto con la palabra HOME al 741741. Disponible las 24 horas.
- Instagram: [@crisistextline](#)

Línea de ayuda para el suicidio y las crisis: 988

La línea de ayuda 988 para la prevención del suicidio y las crisis ofrece apoyo gratuito y confidencial las 24 horas del día, los 7 días de la semana, para personas en situación de angustia. Además, brinda recursos de prevención y manejo de crisis para usted o sus seres queridos. Llame hoy mismo para obtener ayuda o visite el sitio web para más información.

- Llame o envía un mensaje de texto al 988.
- Instagram: [@988lifeline](https://www.instagram.com/988lifeline)

Línea para adolescentes

¿Necesitas ayuda para resolver algún problema? ¿Quieres hablar con alguien que te entienda, como otro adolescente? ¡La Línea para Adolescentes está aquí para ayudarte! La línea gratuita está disponible de 6 a 10 y el servicio de mensajes de texto de 18:00 a 21:00.

- Envía un mensaje de texto con la palabra TEEN al 839863.
- Llame al 310-855-4673
- Instagram: [@teenlineonline](https://www.instagram.com/teenlineonline)

La Línea de Ayuda Trevor (LGBTQ+)

El Proyecto Trevor es la principal organización nacional que ofrece servicios de intervención en crisis y prevención del suicidio a jóvenes lesbianas, gays, bisexuales, transgénero, queer y aquellos que están explorando su identidad sexual. Si eres un joven en crisis o simplemente necesitas un espacio seguro y libre de prejuicios para hablar, envía un mensaje o llama hoy mismo.

- Envía un mensaje de texto con la palabra INICIO al 678-678.
- Llame al 1-866-488-7386, las 24 horas del día.
- Instagram: [@trevorproject](https://www.instagram.com/trevorproject)

REQUISITOS DE GRADUACIÓN: [Haga clic aquí](#)

- Si tiene alguna pregunta sobre el estado de graduación de su hijo/a, comuníquese con la Sra. Mier, consejera.

ESTUDIANTES DE ÚLTIMO AÑO:

- **Información básica sobre ayuda financiera para estudiantes y familias.**
 - CSAC también ofrece dos presentaciones virtuales gratuitas a nivel estatal sobre Ayuda Financiera Básica, diseñadas específicamente para estudiantes y familias.
 - Utilice los enlaces de registro que aparecen a continuación para inscribirse en una breve presentación de una hora sobre la ayuda financiera y el proceso de solicitud.
 - Estas presentaciones virtuales son gratuitas y están abiertas a todos los estudiantes y sus familias.

Viernes 18 de septiembre a las 18:00 horas	Jueves 8 de octubre a las 18:00 horas
https://csac-ca-gov.zoom.us/webinar/register/WN_OjKexSeUst2dYHaZUVGdfq	https://csac-ca-gov.zoom.us/webinar/register/WN_LV3WazfqTsewVK3UuhL0Ng

¡SOLICITUDES DE ADMISIÓN A LA UNIVERSIDAD!

- Si necesitas ayuda y te gustaría asistir a un taller sobre solicitudes de admisión universitaria los jueves, ¡completa el formulario para inscribirte!
- [Formulario de inscripción para el taller de solicitud de admisión universitaria](#)

Para acceder a las aplicaciones:

- [Solicitud de la UC](#)
- [Solicitud de CSU](#)
- [Solicitud común](#)

Antes de enviar sus solicitudes, asegúrese de lo siguiente:

- Revisa tu expediente académico y confirma que todos tus cursos y calificaciones estén registrados correctamente.
- Utilice su expediente académico no oficial al completar su historial académico.
- Incluye cualquier curso universitario que hayas completado o que estés cursando actualmente.
- Verifique bien su información antes de enviarla.
- Mantén un registro de tus nombres de usuario, contraseñas, identificadores de aplicación y fechas límite.
- ¡Pide ayuda cuanto antes! No esperes hasta el último día para presentar tu solicitud.

Explora universidades!



FALL IN LOVE WITH
Cal State Fullerton.
October 24, 2026 | 10 a.m. – 2 p.m.

Join us at
Fall in Love with Cal State Fullerton

This is an open house event where you can explore our academic programs, take a campus tour, and learn about the resources and support services we offer.

We invite anyone interested in discovering what our campus has to offer to attend this event.

ACADEMIC COLLEGES
CAMPUS TOURS
TITAN PRIDE
STUDENT RESOURCES

CSUF Outreach, Recruitment and Orientation
STUDENT AFFAIRS AND STRATEGIC ENROLLMENT MANAGEMENT



Scan QR Code to RSVP!

PROGRAMA DE OPORTUNIDADES UNIVERSITARIAS:

- **Colegio de Santa Ana Clases** para el otoño **de 2026 Comienzan** las vacaciones Del **17 de agosto de 2026 al 5 de diciembre de 2026 (8/17/26-12/05/26)**. Un curso universitario acelerado es una clase intensiva y de ritmo rápido que condensa el material tradicional de un semestre de 15 a 16 semanas en un período más corto, que generalmente dura de 5 a 8 semanas. Los estudiantes cubren el mismo contenido académico y obtienen la misma cantidad de créditos en una fracción del tiempo. Los cursos acelerados abarcan desde **8/17/26-10/11/26 & 10/12/17-12/05/26**.
 - Si no ha cursado estudios universitarios desde el otoño de 2025, deberá consultar con la Sra. Rodríguez para completar la solicitud.
 - Si cursaste estudios universitarios en la primavera de 2026, puedes inscribirte en cursos [aquí](#).
 - Los estudiantes matriculados actualmente en cursos pueden acceder a Self Service y Canvas [aquí](#).
 - Si necesitas un libro de texto universitario, solicítalo aquí: [Formulario de solicitud de libros de texto universitarios](#)
 - Si tiene alguna pregunta, comuníquese con la Sra. Rodríguez.

¡ESTUDIANTES DE 11.º GRADO – CONOZCAN LEDA!

¿Sueñas con asistir a una universidad prestigiosa? 🎓

LEDA es un programa GRATUITO que ayuda a estudiantes de 11.º grado con alto rendimiento académico a prepararse para la universidad, desarrollar habilidades de liderazgo ¡e incluye una experiencia de verano en la Universidad de Princeton!

- ✨ Apoyo con las solicitudes universitarias
- ✨ Desarrollo de habilidades de liderazgo
- ✨ Orientación sobre ayuda financiera
- ✨ Programa de verano GRATUITO en Princeton

¿Te interesa? ¡Visita el College Hub y habla con Ms. Rodriguez para obtener más información!

[Folleto informativo de LEDA](#)

[Solicitud de LEDA](#)

CAMINO A LA UNIVERSIDAD:

- Programa "Camino a la Universidad" con el Boys & Girls Club de Central Orange Coast. es un GRATIS Programa de preparación universitaria y profesional que garantiza que los estudiantes de bachillerato se gradúen a tiempo con un plan personalizado para el futuro. Este programa, que se desarrolla durante todo el año, ofrece apoyo académico diario, patrocina numerosas actividades de orientación universitaria, facilita la obtención de recursos, explora opciones profesionales y prepara a los participantes para una experiencia exitosa tras la graduación.

- Visita a la Sra. Dominique en el Centro Universitario para obtener más información sobre College Bound. Si tienes alguna pregunta, puedes enviar un correo electrónico a dperez@boysandgirlsclub. Si te interesa participar, haz clic aquí para inscribirte: [¿QUIERES IR A LA UNIVERSIDAD? ¡Inscríbete!](#) O bien, rellene un formulario de interés → [NOVA | Preparación para la universidad: complete el formulario](#)
- **PADRES:** ¡College Bound también ofrece ayuda a los padres! Hablamos de temas como ayuda financiera, la universidad, los requisitos de la preparatoria y cómo apoyar a tu hijo/a. Únete a nuestro grupo de chat en Remind para recibir información e inscribirte en nuestras presentaciones. [Recordatorio para los padres](#)

Todas las actualizaciones están disponibles en el tablón de anuncios de College Bound, ubicado fuera del Centro Universitario.



OCTOBER 2026					COLLEGE BOUND A BOYS & GIRLS CLUBS OF CENTRAL ORANGE COAST STRATEGY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
			1	2		
5	6 Webinar Tips for Writing Your College Essays Teams @ 4:30pm	7	8	9		
12	13	14	15 Webinar Major Exploration Teams @ 4:00pm	16		
19	20	21 Webinar Resume Building Teams @ 4:30pm	22	23		
26	27	28 Webinar The Benefits of Community College Teams @ 4:30pm	29	30		

Próximo evento:

Acompáñanos el martes 6 de octubre de 2026 a las 16:30 para hablar sobre estrategias que te ayudarán a que tu ensayo destaque. Abordaremos cómo empezar, qué debes escribir y qué elementos conforman un excelente ensayo universitario. **Regístrate aquí:**

<https://events.teams.microsoft.com/event/ec4d2f33-6602-4bea-857b-1b59940f692f@619f572b-fee9-4203-b774-3eb7f77df3a2>

TIPS FOR WRITING YOUR COLLEGE ESSAY

Join us to discuss strategies you can use to help your essay stand out from the pack. We'll touch on how to start your essay, what you should write for your college essay, and elements that make for a great college essay.

Oct. 6th, 2026 4:30pm-5:30pm Via Microsoft Teams

What's Included:

- Writing Tips
- Writing Resources
- Q & A
- Bring your essays, ideas, & questions

COLLEGE BOUND
A BOYS & GIRLS CLUBS OF CENTRAL ORANGE COAST STRATEGY

¡Estudiantes de último año de NOVA!

Se acerca la temporada de solicitudes universitarias y seguramente tienes muchas preguntas. No te preocupes, habrá talleres disponibles para que recibas todo el apoyo que necesitas. Impartiré talleres los lunes y martes cada dos semanas a partir del 14 de septiembre. ¡El cupo es limitado, así que inscríbete pronto! Si no eres miembro de College Bound y te interesa unirse, haz clic aquí para inscribirte. [¿QUIERES IR A LA UNIVERSIDAD? ¡Inscríbete!](#) O bien, rellene un formulario de interés → [NOVA | Preparación para la universidad: complete el formulario](#)

Becas disponibles:

[Solicita ser becario de Coca-Cola: beca universitaria de \\$20,000](#)

Descripción: La beca del Programa de Becas Coca-Cola es una beca basada en el mérito que se otorga a estudiantes en su último año de preparatoria. Los estudiantes son reconocidos por su capacidad de liderazgo y servicio, así como por su compromiso de generar un impacto significativo en sus escuelas y comunidades.

Plazo límite: La solicitud para la Fase 1 está abierta del 3 de agosto al 30 de septiembre de 2026.

[Beca Gates: Información principal de la beca](#)

La Beca Gates (TGS) es una beca altamente selectiva, otorgada como último recurso, a estudiantes sobresalientes de último año de secundaria provenientes de familias de bajos ingresos. Cada año, la beca se concede a estudiantes líderes excepcionales con el objetivo de ayudarlos a alcanzar su máximo potencial.

Fecha límite: Abre el 15 de julio / 15 de septiembre de 2026

[Becas de inicio universitario](#)

Descripción: Ofrecemos cuatro becas cada año, en honor a nuestra misión: trabajo duro, perseverancia y amor por el aprendizaje. Estas son las cualidades que premia la Beca College JumpStart. Si eres estudiante de secundaria, universitario o adulto y buscas maneras de financiar tus estudios, la Beca College JumpStart puede ser para ti.

Fechas límite: del 30 de septiembre de 2026 al 30 de junio de 2027.

Oportunidades para adolescentes:

¿Te interesa explorar tus futuras oportunidades en ingeniería? A través de charlas de ingenieros, talleres del programa y un proyecto grupal, EIP te ofrece la oportunidad de explorar tu futuro en ingeniería este otoño.

9 SÁBADOS POR LA TARDE: **10 DE OCTUBRE - 5 DE DICIEMBRE**

De 11:00 a 14:00 (hora del Pacífico) o de 14:00 a 17:00 (hora del Pacífico).

UBICACIÓN: EN LÍNEA A TRAVÉS DE ZOOM

Solicita aquí: <https://www.impactinternships.org/eip/>

¿Te interesa explorar las ciencias de la salud, la atención médica y la investigación científica? A través de charlas de expertos en salud, talleres y proyectos grupales, ¡HSIP te ofrece la oportunidad de explorar tu futuro en las ciencias de la salud este otoño! 9 SÁBADOS POR LA TARDE: **10 DE OCTUBRE - 5 DE**

DICIEMBRE

De 12:00 a 15:00 (hora del Pacífico) o de 15:00 a 18:00 (hora del Pacífico).

UBICACIÓN: EN LÍNEA A TRAVÉS DE ZOOM

Solicita aquí: <https://www.impactinternships.org/hsip/>

Fall 2026 Virtual STEM Immersion Programs

9 SATURDAY AFTERNOONS:
OCTOBER 10TH TO DECEMBER 5TH
APPLY BY - SATURDAY, OCTOBER 3RD, 2026

HSIP
HEALTH SCIENCE IMMERSION PROGRAM
(12-3PM OR 3-6PM PT)

- Explore the Health Sciences Field
- Hear Speaker Talks from a Physician, Dentist, Professor
- Collaborate on Medical Journal Group Project
- Examine Medical Career Pathways

More Info & Apply at:
[impactinternships.org/hsip](https://www.impactinternships.org/hsip)

EIP
ENGINEERING IMMERSION PROGRAM
(11AM - 2PM OR 2-5PM PT)

- Learn More About Engineers & the Products They Develop
- Hear From Engineers about their Education Pathways, Work & Careers
- Take part in a Team Design Project
- Explore Engineer Career Pathways

More Info & Apply at:
[impactinternships.org/eip](https://www.impactinternships.org/eip)

RECURSOS ESCOLARES:

- GUÍA DE RECURSOS DE NOVA PARA EL AÑO ESCOLAR 2026-2027: [Haga clic aquí](#)
- MENÚ DE COMEDORES ESCOLARES:

OCTOBER BREAKFAST				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Croissant w/ Grape Jelly	2 Yogurt w/ Honey Grahams Mini Maple Pancakes
5 Cinnamon Crumble Waffle	6 Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	7 Croissant w/ Grape Jelly French Toast Sticks	8 Chocolate Chip Muffin Top	9 Yogurt w/ Honey Grahams Mini Maple Pancakes
12 Bagel w/ Cream Cheese Apple Hand Pie	13 Conchita w/ String Cheese Egg, Cheese & Green Salsa Breakfast Burrito	14 Banana Muffin Mini Strawberry Pancakes	15 Berry Apple Zee Zee Bar Beef Sausage & Cheese English Muffin Sandwich	16 Strawberry Yogurt Parfait w/ Cinnamon Granola Waffle
19 Cinnamon Roll French Toast Sticks	20 Yogurt w/ String Cheese Mini Maple Pancakes	21 Fruit & Yogurt Smoothie w/ Granola Egg, Cheese & Green Salsa Breakfast Burrito	22 Yogurt w/ Honey Grahams Sausage & Cheese Stuffed Waffle	23 Blueberry Muffin Mini Strawberry Pancakes
26 Cinnamon Crumble Waffle	27 Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	28 Croissant w/ Grape Jelly French Toast Sticks	29 Chocolate Chip Muffin Top	30 Yogurt w/ Honey Grahams Mini Maple Pancakes
Breakfast Includes: Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Featured Fruit: Banana (1/2 C), Pear (1/2 C), Apple Slices (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C)		RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

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OCTOBER LUNCH				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bean & Cheese Pupusa w/ Pinto Beans Cheese Tamale w/ Black Beans	2 Cheese Pizza Pepperoni Pizza
5 Chicken Bites w/ Mashed Potatoes & Pretzels PB&J Sandwich Kit (Seedbutter) w/ Tajin Corn	6 Cheese Lasagna w/ Marinara & Wheat Crackers Beef & Cheese Taco Stick w/ Baby Carrots	7 Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas	8 Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans	9 Cheese Pizza Pepperoni Pizza
12 Orange Chicken with Brown Rice, Peas & Goldfish Grahams Wowbutter & Jelly Sandwich w/ Corn Tajin	13 Parm Pizza Bites w/ Marinara Dipping Sauce Pineapple Teriyaki Chicken w/ Rice & Diced Carrots & Goldfish Cheddars	14 Mac & Cheese w/ Mixed Vegetables & Dinner Roll Sesame Beef Bowl w/ Broccoli	15 BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Pupusa w/ Pinto Beans	16 Cheese Pizza Pepperoni Pizza
19 Cheeseburger w/ Oven Baked Fries Bean Burrito Bowl w/ Rice & Corn	20 Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots	21 Parm Pizza Bites w/ Marinara Dipping Sauce Grilled Cheese Sandwich w/ Baby Carrots	22 Cheese Tamale w/ Black Beans Turkey Nachos w/ Refried Beans & Tortilla Chips	23 Cheese Pizza Pepperoni Pizza
26 Chicken Bites w/ Mashed Potatoes & Pretzels PB&J Sandwich Kit (Seedbutter) w/ Tajin Corn	27 Cheese Lasagna w/ Marinara & Wheat Crackers Beef & Cheese Taco Stick w/ Baby Carrots	28 Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas	29 Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans	30 Cheese Pizza Pepperoni Pizza
Lunch Includes: Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Veg of the Day: Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch & Roll (1 C) Thursday: Jicama Slices (1/2 C) Monday: Baby Carrots (1/2 C) Tuesday: Celery Sticks (1/2 C) Wednesday: Cucumber Slices (1/2 C) w/ Tajin	Featured Fruit: Apple (1/2 C), Nectarine (1/2 C), Pear (1/2 C), Peach (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C), Banana (1/2 C), Apple Slices (1/2 C), Persimmon (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

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SOCAL Lunch NSLP 9-12

- **DESAYUNO Y ALMUERZO:** Este año, todas las comidas son gratuitas, por lo que cada estudiante tiene la opción de desayunar y almorzar. Les pedimos que no se realicen entregas de comida en la escuela por parte de restaurantes o servicios de entrega externos, ya que todos tienen la opción de comer gratis en el campus.
- **Tranvía de Orange County:** Las pruebas se están volviendo más frecuentes y rutinarias a lo largo de todo el recorrido entre la estación de tren de Santa Ana y la parada Harbor/Westminster en Garden Grove. A medida que aumenten las pruebas, la actividad del tranvía será más notoria en toda la comunidad, incluyendo el sonido de las bocinas y las campanas, mientras continúan los preparativos para el servicio de pasajeros a principios del próximo año.
 - Con el aumento de las pruebas, compartir la vía de forma segura con los tranvías es fundamental. Por favor, manténgase alerta, respete las normas de tránsito, estacione correctamente y mantenga despejadas las vías y los carriles de circulación. En ciertas intersecciones, se activarán señales luminosas al acercarse los tranvías para desviar temporalmente el tráfico. Los vehículos que bloquean o interfieren con la circulación de los tranvías podrán ser remolcados de acuerdo con la normativa local de estacionamiento.
 - **Qué puedes esperar:**
 - Las pruebas se realizan con mayor frecuencia, incluso por las noches y los fines de semana.
 - Los tranvías circulan habitualmente a los límites de velocidad establecidos.
 - Tranvías deteniéndose en los andenes de las estaciones, con las puertas abriéndose y cerrándose como parte de las pruebas.
 - Las campanas suenan cuando los tranvías se acercan, llegan, salen o pasan por los andenes de las estaciones; su uso puede variar a medida que continúen las pruebas.
 - Tanto las bocinas como las campanas suenan cuando los tranvías pasan por ciertos andenes de las estaciones, se acercan a los cruces o cuando es necesario por motivos de seguridad; su uso puede variar a medida que continúan las pruebas.

[Kit de herramientas para pruebas de tranvías de OC](#)

Para obtener información y consejos adicionales sobre seguridad en el tranvía de OC, visite:

[Seguridad en los tranvías del Condado de Orange](#)

El calendario de pruebas está sujeto a cambios.

Para preguntas o información adicional, comuníquese con Melina Cabrera en mcabrera@octaneto o al 714-560-5923.

- **ABONOS DE AUTOBÚS OCTA GRATUITOS PARA JÓVENES:** A partir de este año escolar, OCTA ya no proporcionará tarjetas Wave directamente a los distritos escolares. Para garantizar que su hijo pueda seguir viajando en los autobuses de OCTA **gratis**, los padres y tutores deben renovar el pase Youth Ride Free de su hijo por 30 **de septiembre, 2026** Para renovar, por favor:
 - Crear una cuenta **de olas**.
 - Enviar una nueva solicitud **para jóvenes que viajan gratis**.
 - Una vez aprobado, el nuevo pase se cargará en el dispositivo de su hijo. **Tarjeta Wave existente**—No se necesita tarjeta de reemplazo.
 - **¿No tienes una tarjeta Wave?** ¡Sin problema! Puedes solicitarla como parte del proceso de solicitud y la tarjeta te será enviada directamente por correo.

- Por favor, visite [OCBus.com/Solicitar](https://ocbus.com/Solicitar) para crear su cuenta y completar la solicitud.
- Recomendamos a las familias que completen este proceso antes del 30 de septiembre para evitar cualquier interrupción en el transporte escolar gratuito de sus hijos.



- **PERMISOS DE ESTACIONAMIENTO:** Los estudiantes que se desplazan al colegio en coche deben completar la documentación necesaria para obtener autorización para aparcar en el estacionamiento escolar. Solo los estudiantes que hayan entregado todos los documentos requeridos en la secretaría podrán obtener un permiso de estacionamiento.
- **PORTAL DE AERIES:** El Portal [para padres/alumnos de Series](#) proporciona a padres y alumnos una forma segura y cómoda de acceder a la información del alumno, como la asistencia, las calificaciones y las tareas.
- **PARENT SQUARE:** ParentSquare es una plataforma segura para toda la comunicación entre la escuela y el hogar. Haga [clic aquí](#) para descargar la aplicación.

RECURSOS COMUNITARIOS:

- **HORARIO DE SERVICIO COMUNITARIO:** Los estudiantes de secundaria deben realizar 20 horas de servicio comunitario al año. En NOVA, se requieren 10 horas de servicio comunitario por semestre.
 - [Programa de búsqueda de voluntarios](#)
 - [Hábitat para la Humanidad](#)
 - [Banco de Alimentos Second Harvest](#)
 - [YMCA del Condado de Orange](#)
 - [Misión de rescate de OC](#)
 - [Despensa de la iglesia Saddleback](#) (desplácese hasta el final de la página, debajo de "Ofrecer ayuda")
 - [Ciudad de Santa Ana](#)
 - [United Way](#)
 - [Acceso a la salud para latinos](#)
 - [Oportunidades de voluntariado en el condado de Orange.](#)
 - **Sé tutor voluntario.** Sea voluntario entre semana y ayude a estudiantes de primaria con sus tareas. Si está interesado en ser voluntario, complete el formulario. [Aquí encontrará el formulario de inscripción para voluntarios.](#)
- **FAMILIAS NECESITADAS DE RECURSOS:**
 - [OC Navigator puede ayudar](#)
 - [Buscar ayuda](#)
- **CENTROS DE RECURSOS FAMILIARES:**

- Familias y comunidades unidas: [haga clic aquí](#)
- **PROGRAMA DE EDUCACIÓN PARA PADRES EN SAC:** [Haga clic aquí](#). ¡Descubre cómo puedes tomar cursos de inglés, terminar la preparatoria, acceder a cursos de salud y actividad física, asistir a clases de ciudadanía y capacitarte para una carrera profesional GRATIS! También puedes llamar al 714-241-5700 para obtener más información.

PRÓXIMAMENTE:

Octubre

- 2 - Exhibición Aérea del Pacífico (Visita de campo de Física e Ingeniería)
- 5 - Comienza el concurso de decoración de puertas de la Semana del Lazo Rojo en las Clases Familiares.
- 6 - SEL - Prevención del consumo de sustancias en jóvenes de la OCDE - Grados 6, 7, 9 y 10
- 8 - Reunión ordinaria de la junta directiva
- 9 - Reunión de otoño sobre nutrición y bienestar (Acadiz/Reyes)
- 11 - Fin de los cursos acelerados de SAC (1.ª - 8.ª semana)
- 12 - Comienzan los cursos acelerados de SAC (2.ª - 8 semanas)
- 12 - ¿Posible capacitación para consejeros sobre FAFSA? Virtual 8:30 - 11:30
- 13 - SEL - Prevención del consumo de sustancias en jóvenes de la OCDE - Grados 11 y 12
- 15 - El Gran Simulacro de Terremoto de California (Sin Evacuación)
- 20 - Día de los estudiantes de último año - Actividades y talleres para la preparación universitaria (estudiantes de último año)
- 20 - PSAT/NMSQT (estudiantes de penúltimo y último año)
- 20 - Visita a universidades de primer año - USC, CSUDH - Profesores de apoyo para estudiantes de primer año (Boardman, Delgado, Phung - No hay clases de secundaria en días pares para estos profesores)
Regresar a NOVA antes de las 3:45
- 16 o 23 - Regreso a casa si los estudiantes lo solicitan en NOVA
- 23 - Finaliza el concurso de decoración de puertas de la Semana del Lazo Rojo para las Clases Familiares.
- 26 - 30 - Semana del Espíritu Escolar
- 29 - Anunciados los ganadores del concurso de decoración de puertas de la Semana del Lazo Rojo
- 27 - Visita a la Universidad Chapman durante el horario familiar de 11:40 a 12:10 (Presentación del consejero de admisiones en el Centro Universitario).
- 28 - Desarrollo profesional del personal (Día mínimo)
- 29 - Noche de estudiantes de secundaria en la Academia El Sol
- 30 - Ensamblaje ASB
- 30 - Informe de progreso 2

¡NO OLVIDES SEGUIRNOS EN LAS REDES SOCIALES PARA MANTENERTE CONECTADO!

