

WEEKLY EAGLE

[\(Haga clic aquí para español\)](#)

October 9, 2026

Dear NOVA Families,

- ★ Preparations for **Red Ribbon Week** have begun. **Red Ribbon Week** is the largest drug-abuse prevention campaign in the United States. NOVA Academy has launched our **Family Class Door Decorating Contest**. **October 5 - October 23**, all NOVA Family Classes will compete against each other to design an Anti-Drug message on their classroom door. Judging will take place on **Wednesday, October 28**. The winners will receive a pizza party for their Family Class (one winner per grade level).
- ★ On **Tuesday** of this week, our middle schoolers, freshmen, and sophomores had guest workshop facilitators from the **Orange County Department of Education Youth Substance Use Prevention Program** to facilitate age-appropriate lessons on cannabis use prevention and vaping. Juniors and seniors will participate in these workshops on **Tuesday, 10/13**. In **November**, we will be having another round of workshops, facilitated by OCDE on the topic of Alcohol Use Prevention.
- ★ On **Wednesday**, representatives from the Orange County Department of Education (OCDE) **visited our middle school classrooms** to observe how our curriculum and instructional programming are implemented to support the learning, growth, and success of our middle school scholars. We are happy to share with our school community that the visit went excellently. We are grateful to showcase the meaningful learning experiences taking place at NOVA Academy OC, and we look forward to continuing to strengthen our partnerships and welcoming our school partners back for future visits!
- ★ Today, **Friday morning**, staff, parents, and students participated in an informative Nutrition & Wellness Meeting. During the meeting, important facts were covered about the food served on campus, nutrition and wellness, and the safety guidelines and policies that help protect our students.

Wishing all of our families a wonderful and safe weekend!

OCDE YOUTH SUBSTANCE USE PREVENTION PROGRAM HIGHLIGHTS:



MIDDLE SCHOOL PHYSICAL EDUCATION CLOTHES SALES:

ASB will be selling Physical Education Uniforms on Tuesdays and Thursday, 2:50pm - 3:05pm at the ASB Store located on the 1st Floor of campus near the Atrium this month.

NOVA ACADEMY
MIDDLE SCHOOL
PHYSICAL EDUCATION
UNIFORMS
WILL SELL ON 

 **TUESDAYS & THURSDAYS**
 **2:50pm - 3:05pm**
 **ON THESE DATES:**
10/13 • 10/15 • 10/20
10/22 • 10/27 • 10/29

 **BE READY FOR P.E.!**

NOVA

NOVA ACADEMY
ESCUELA INTERMEDIA
UNIFORMES DE
EDUCACIÓN FÍSICA
SE VENDERÁN EL 

 **MARTES Y JUEVES**
 **2:50pm - 3:05pm**
 **EN ESTAS FECHAS:**
10/13 • 10/15 • 10/20
10/22 • 10/27 • 10/29

 **¡LISTOS PARA P.E.!**

NOVA

MIDDLE SCHOOL PROGRAMS:

FREE AFTER-SCHOOL PROGRAM!

STEM

STRUCTURAL ENGINEERING

Build it. Test it. Improve it!
Students will explore the world of structural engineering through hands-on challenges that encourage creativity, problem-solving, teamwork, and design thinking.

THURSDAYS | 4:00-5:00 PM
CLASSROOM 403
8/27, 9/10, 9/17, 9/24, 10/8,
10/15, 10/22, 10/29, 11/5, 11/12,
11/19, 12/3, 12/10



 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

SOCCER

Get moving and build your soccer skills!
Students will develop fundamental techniques, teamwork, coordination, and game strategies while having fun on the field.

MONDAYS | 4:00-5:00 PM
ANGELS PARK
8/24, 8/31, 9/14, 9/21, 9/28, 10/5,
10/12, 10/19, 10/26, 11/2, 11/9,
11/16, 11/30, 12/7



 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

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FREE AFTER-SCHOOL PROGRAM!

ART

Unleash your creativity!
Students will explore different art techniques and projects while developing their artistic skills, expressing themselves, and creating something they can be proud of.

TUESDAYS | 4:00-5:00 PM
CLASSROOM 403
8/25, 9/1, 9/8, 9/15, 9/22, 9/29,
10/6, 10/13, 10/20, 10/27, 11/3,
11/10, 11/17, 12/1, 12/8



 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

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FREE AFTER-SCHOOL PROGRAM!

COOKING

Mix, create, and cook!
Students will learn basic cooking skills, explore new recipes and ingredients, and gain hands-on experience preparing delicious food.

WEDNESDAYS | 4:00-5:00 PM
COLLEGE HUB
8/26, 9/2, 9/9, 9/23, 9/30,
10/7, 10/14, 10/21, 11/4, 11/18,
12/2, 12/9



 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

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FREE AFTER-SCHOOL PROGRAM!

TUTORING

HOMEWORK SUPPORT

A dedicated time for middle school students to complete homework, ask questions, and receive extra academic support from staff. Students can get help with challenging assignments, stay on track, and build strong study habits.

MON-THUR | 3:00-3:30 PM
CLASSROOM 402
MS. BARRY
CLASSROOM 401
MS. FLORES



 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

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FREE AFTER-SCHOOL PROGRAM!

FLIGHT TIME

Join the Eagles Nest for some time to relax, connect, and have fun! Students can choose from free play, video games, board games, and the sports court while spending time with friends in a fun and welcoming environment.

MONDAY-THURSDAY | 3:30-4:00 PM
FRIDAY | 2:00-3:00 PM
EAGLES NEST



 NOVA ACADEMY | OC
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

HIGH SCHOOL PROGRAMS:

FREE AFTER-SCHOOL PROGRAM!

OFFICE HOURS

HOMEWORK SUPPORT

MON-THU | 4:00-4:30 PM

A dedicated time for high school students to complete homework, ask questions, and receive extra academic support from any of their teachers. Students can get help with challenging assignments, stay on track, and build strong study habits.

MR. BATSTONE - ROOM 201
MR. PHUNG - ROOM 202
MR. MARLOWE - ROOM 203
MS. SANCHEZ - ROOM 204
MR. MCCORMICK - ROOM 205
MR. WILSON - ROOM 301
MR. GOODHEART - ROOM 302
MR. MITCHELL - ROOM 303
MS. BOARDMAN - ROOM 304
MR. DELGADO - ROOM 305
MR. STOLINSKI - ROOM 306
MS. MUNOZ - ROOM 307




FREE AFTER-SCHOOL PROGRAM!

FASHION DESIGN

WEDNESDAYS | 4:00-5:00 PM

Design it. Create it! Students will explore fashion concepts, sketch their own ideas, learn basic design techniques, and develop creative projects inspired by their personal style.

LOCATION: CLASSROOM 304
8/26, 9/2, 9/9, 9/23, 9/30,
10/7, 10/14, 10/21, 11/4, 11/18,
12/2, 12/9

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

MANGA ART

TUESDAY | 4:00-5:00 PM

Turn your ideas into something real! Students will learn the basics of 3D design and printing while creating, testing, and bringing their own digital designs to life.

LOCATION: COLLEGE HUB
8/25, 9/1, 9/8, 9/15, 9/22,
9/29, 10/6, 10/13, 10/20, 10/27,
11/3, 11/10, 11/17, 12/1, 12/8

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

SOCCER

TUE/WED | 4:00-5:00 PM

Take your game to the next level! Students will develop soccer skills, improve fitness and coordination, practice teamwork, and compete in a fun and supportive environment.

LOCATION: ANGELS PARK*
8/25, 8/26, 9/1, 9/2, 9/8, 9/9,
9/15, 9/22, 9/23, 9/29, 9/30,
10/6, 10/7, 10/13, 10/14, 10/20,
10/21, 10/27, 11/3, 11/4, 11/10,
11/17, 11/18, 12/1, 12/2, 12/8, 12/9

To sign up, see Ms. Cuevas.




*Meet in Eagles Landing for attendance.

FREE AFTER-SCHOOL PROGRAM!

STEM 3D PRINTING

MONDAY | 4:00-5:00 PM

Turn your ideas into something real! Students will learn the basics of 3D design and printing while creating, testing, and bringing their own digital designs to life.

LOCATION: CLASSROOM 301
8/24, 8/31, 9/14, 9/21, 9/28,
10/5, 10/12, 10/19, 10/26, 11/2,
11/9, 11/16, 11/30, 12/7

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

COOKING

MONDAY | 4:00-5:00 PM

Explore the art of cooking through hands-on recipes, techniques, and culinary challenges. Students will build practical kitchen skills while creating and enjoying their own dishes.

LOCATION: COLLEGE HUB
8/24, 8/31, 9/14, 9/21, 9/28,
10/5, 10/12, 10/19, 10/26, 11/2,
11/9, 11/16, 11/30, 12/7

To sign up, see Ms. Cuevas.




- **STUDENT ADVISORY COUNCIL:** NOVA's high school **Student Advisory Council** is an opportunity for students to connect with school leadership and help guide school programs, community school initiatives, and campus culture. Students are welcome to join the council and get involved in mentorship, journalism, leadership, and more!

join the
Student Advisory Council

Benefits include:

- community service hours
- meet new people
- develop leadership skills
- makes for a stronger college application
- enjoy priority for field trips

For more information, please talk to the executive board:
Mariana Lovaton, Vanessa Cruz, Jovanny Pallares,
Antonio Calderon, & Bethany Partha

HIGH SCHOOL ATHLETICS:

GIRLS VOLLEYBALL

28-Aug Friday	4:00 PM First Baptist LB	1000 Pine Ave.
14-Sep Monday	4:30 PM Vista Meridian Global	1710 W Edinger Ave, Santa Ana, CA 92704
16-Sep Wednesd	3:45 PM Waldorf	883 W 15th Street
21-Sep Monday	3:30 PM Eastside Christian Schools	1701 W Valencia Dr, Fullerton, CA 92833
23-Sep Wednesd	3:00 PM Bethel Baptist Church	Momentous
25-Sep Friday	3:00 PM First Baptist LB	Momentous
28-Sep Monday	5:00 PM Liberty Christian Schools	7661 Warner Avenue, Huntington Beach, CA
7-Oct Wednesd	3:00 PM Eastside Christian Schools	Momentous
9-Oct Friday	3:15 PM Bethel Baptist Church	13732 Clinton St, Garden Grove, CA 92843
12-Oct Monday	3:00 PM Liberty Christian Schools	Momentous

ASB:



COUNSELING DEPARTMENT:

Freshman Field Trip to California State University Dominguez Hills (CSUDH) & University of Southern California (USC)



- On October 20, 2026 during the school day, freshman students will participate in two college campus tours. **We expect 100% participation from all freshmen.** Be sure to return your Permission Slip to your freshman family teacher as soon as possible.

PSAT/NMSQT

- The PSAT/NMSQT is the Preliminary SAT/National Merit Scholarship Qualifying Test. The PSAT is a great primer for the SAT, and even the ACT, but it's more than just a trial run. PSAT scores are used to identify National Merit Scholars and award merit scholarships.
 - Sophomores and Juniors will be taking the PSAT/NMSQT on October 20, 2026 during the school day. We are happy to be able to provide this opportunity to our students at no cost to them.
 - To learn more about the PSAT or to build a study plan visit:
 - [Build Your Study Plan – SAT Suite | College Board](#)

RESOURCES:

[Crisis Text Line](#)

Having a hard time? Need some support? Crisis text line is a free 24/7 text support. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform.

- Text HOME to 741741 available 24 hours a day
- Instagram: [@crisistextline](#)

[988 Suicide and Crisis Lifeline](#)

The 988 Suicide and Crisis Lifeline provides 24/7, free and confidential support for people in distress and offers prevention and crisis resources for you or your loved ones. Call today and get connected, or visit the website for more information.

- Call or text 988
- Instagram: [@988lifeline](#)

[Teen Line](#)

Do you need help working something out? Do you want to talk to someone who understands, like another teen? The Teen Line is here to help! The toll-free hotline is available from 6:00 p.m. - 10:00 p.m., and the text line is available from 6:00 p.m. - 9:00 p.m.

- Text TEEN to 839863
- Call 310-855-4673
- Instagram: [@teenlineonline](#)

[The Trevor Lifeline \(LGBTQ+\)](#)

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer, and questioning youth. If you are a young person in crisis, or just need a safe and judgment-free place to talk, text or call today.

- Text START to 678-678
- Call 1-866-488-7386, 24 hours a day
- Instagram: [@trevorproject](#)

GRADUATION REQUIREMENTS:

- [Click Here](#)
- If you have questions about your student's graduation status, contact Ms. Mier, Counselor.

SENIORS:

- **Class of 2027 Field Day**
 - **Who:** Seniors ONLY
 - **What:** Senior Field Day is a milestone celebration focused on class bonding.
 - **Where:** Angel's Community Park
 - **When:** Tuesday, October 20th 8:30am - 12noon
- Permission Slips were distributed to all Seniors during Family class on 10/7/26; please return as soon as possible. **We expect 100% participation from all Seniors.**

COLLEGE APPLICATIONS!

- If you need help and would like to attend a Thursday College Application workshop, please fill out the form to sign up!
- [College App Workshop Sign up Form](#)

To access applications:

- [UC Application](#)
- [CSU Application](#)
- [Common App](#)

Before you submit your applications, make sure you:

- Review your transcript and confirm that all of your courses and grades are entered correctly.
- Use your unofficial transcript when completing your academic history.
- Include any college courses you have completed or are currently taking.
- Double-check your information before submitting.
- Keep track of your usernames, passwords, application IDs, and deadlines.
- Ask for help early! Please do not wait until the day an application is due.

Explore Colleges:



FALL IN LOVE WITH Cal State Fullerton.

October 24, 2026 | 10 a.m. – 2 p.m.



ACADEMIC COLLEGES



CAMPUS TOURS



TITAN PRIDE



STUDENT RESOURCES

Join us at

Fall in Love with Cal State Fullerton

This is an open house event where you can explore our academic programs, take a campus tour, and learn about the resources and support services we offer.

We invite anyone interested in discovering what our campus has to offer to attend this event.



Scan QR Code
to RSVP!

CSUF Outreach, Recruitment
and Orientation
STUDENT AFFAIRS AND
STRATEGIC ENROLLMENT MANAGEMENT

COLLEGE OPPORTUNITY PROGRAM:

- **Santa Ana College** classes for the **Fall 2026** semester begin **August 17th, 2026 through December 5th, 2026 (8/17/26-12/05/26)**. An accelerated college course is an intensive, fast-paced class that condenses traditional 15- to 16-week semester material into a shorter window, typically lasting 5 to 8 weeks. Students cover the same academic content and earn the same number of credits in a fraction of the time. Accelerated courses range from **8/17/26-10/11/26 & 10/12/17-12/05/26**.
 - If you have not taken college courses since Fall 2025, you will need to see Ms. Rodriguez to complete an application.
 - If you took college courses in Spring 2026, you are able to sign up for courses [here](#).
 - Current students who are enrolled in courses, access Self Service & Canvas [here](#).
 - If you need a college textbook, please request here: [College Textbook Request Form](#)
 - **If you have any questions, please contact Ms. Rodriguez**

JUNIORS – CHECK OUT LEDA!

Dreaming of attending a top college? 🎓

LEDA is a FREE program that helps high-achieving juniors prepare for college, develop leadership skills, and includes a summer experience at Princeton University!

- ✦ College application support
- ✦ Leadership development
- ✦ Financial aid guidance
- ✦ FREE summer program at Princeton

Interested? Stop by the College Hub and see Ms. Rodriguez for more information!

[LEDA Info Flyer](#)

[LEDA Application](#)

COLLEGE BOUND:

- **College Bound with the Boys & Girls Club of Central Orange Coast** is a **FREE** college and career readiness program that works to ensure high school students graduate on time with a customized plan for the future. This year-round program provides daily academic support, sponsors numerous college pathway activities, assists with resource acquisition, explores career options, and prepares members for a successful experience after high school graduation.
- Visit Ms. Dominique in the College Hub to learn more about College Bound! If you have any questions, you can email dperez@boysandgirlsclub.com if interested in joining, click here to enroll: [COLLEGE BOUND - Sign Up!](#) Or fill out an interest form → [NOVA | College Bound- Fill out form](#)
- **PARENTS:** College Bound offers help to parents, as well! We discuss topics such as financial aid, college, high school requirements and how to support your student! Join our Remind group chat to receive information to register for our presentations. [Remind for Parents](#)

All updates available on the College Bound bulletin board located outside the College Hub



Monthly Calendar: October

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6 Webinar  Tips for Writing Your College Essays Teams @ 4:30pm	7	8	9
12	13	14	15 Webinar  Major Exploration Teams @ 4:00pm	16
19 Webinar  Financial Aid Webinar Teams @ 4:30pm	20	21 Webinar  Resume Building Teams @ 4:30pm	22	23
26	27 Webinar  The Benefits of Community College Teams @ 4:30pm	28	29	30

Upcoming Event:

Join the Major Exploration webinar on **Thursday, October 15th** to understand the process of selecting a college major and explore potential career pathways!

- **Time:** 4:00 p.m.
- **Location:** Microsoft Teams

Link to register: [Major Exploration Webinar Registration](#)



MAJOR EXPLORATION

BACKGROUND

Join the Major Exploration webinar to understand the process of selecting a major and explore potential career paths!

EVENT INFO

Date: October 15th, 2026
Time: 4:00 p.m. - 5:00 p.m.
Location: Teams

REGISTER HERE!


NOVA Seniors!

College Application season is upon us, and there must be many questions running through your head. No fear, workshops will be available for you to get all the support you need. I will be holding workshops Monday & Tuesday every other week beginning September 14th. Space is limited so please sign up early! Not a College Bound member, if interested in joining, click here to enroll: [COLLEGE BOUND - Sign Up!](#) Or fill out an interest form → [NOVA | College Bound- Fill out form](#)

Available Scholarships:

Looking for scholarships? Check out this forum of scholarships. **Make sure to check the eligibility and deadlines.** [Scholarship Forum.xlsx](#) If you have any questions, you can email dperez@boysandgirlsclub.com



Opportunities:

Need service hours? Volunteer at Joe's Garage Teen Center! Please take a moment to fill out this form ([Volunteer Here](#)) to select which dates you're available to volunteer food packing for October 2026. We do provide 2 hours of volunteer work for each Food Packaging day.

Location: Boys & Girls Club of Santa Ana - Joe's Garage Teen Center

Address: 950 West Highland St, Santa Ana, CA 92703

Any questions, please email our Santa Ana Teen Coordinator, Esveidi Catalan at ecatalan@boysandgirlsclub.com

SCHOOL RESOURCES:

- 2026 - 2027 SY NOVA RESOURCE GUIDE: [Click Here](#)
- SCHOOL MEALS MENU:

OCTOBER BREAKFAST				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Croissant w/ Grape Jelly	2 Yogurt w/ Honey Grahams Mini Maple Pancakes
5 Cinnamon Crumble Waffle	6 Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	7 Croissant w/ Grape Jelly French Toast Sticks	8 Chocolate Chip Muffin Top	9 Yogurt w/ Honey Grahams Mini Maple Pancakes
12 Bagel w/ Cream Cheese Apple Hand Pie	13 Conchita w/ String Cheese Egg, Cheese & Green Salsa Breakfast Burrito	14 Banana Muffin Mini Strawberry Pancakes	15 Berry Apple Zee Zee Bar Beef Sausage & Cheese English Muffin Sandwich	16 Strawberry Yogurt Parfait w/ Cinnamon Granola Waffle
19 Cinnamon Roll French Toast Sticks	20 Yogurt w/ String Cheese Mini Maple Pancakes	21 Fruit & Yogurt Smoothie w/ Granola Egg, Cheese & Green Salsa Breakfast Burrito	22 Yogurt w/ Honey Grahams Sausage & Cheese Stuffed Waffle	23 Blueberry Muffin Mini Strawberry Pancakes
26 Cinnamon Crumble Waffle	27 Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	28 Croissant w/ Grape Jelly French Toast Sticks	29 Chocolate Chip Muffin Top	30 Yogurt w/ Honey Grahams Mini Maple Pancakes
Breakfast Includes: Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains are Whole Grain Rich		Featured Fruit: Banana (1/2 C), Pear (1/2 C), Apple Slices (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C)		RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 

This institution is an equal opportunity provider. Menus are subject to change without notice.

OCTOBER LUNCH				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bean & Cheese Pupusa w/ Pinto Beans Cheese Tamale w/ Black Beans	2 Cheese Pizza Pepperoni Pizza
5 Chicken Bites w/ Mashed Potatoes & Pretzels PB&J Sandwich Kit (Seedbutter) w/ Tajin Corn	6 Cheese Lasagna w/ Marinara & Wheat Crackers Beef & Cheese Taco Stick w/ Baby Carrots	7 Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas	8 Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans	9 Cheese Pizza Pepperoni Pizza
12 Orange Chicken with Brown Rice, Peas & Goldfish Grahams Wowbutter & Jetty Sandwich w/ Corn Tajin	13 Parm Pizza Bites w/ Marinara Dipping Sauce Pineapple Teriyaki Chicken w/ Rice & Diced Carrots & Goldfish Cheddars	14 Mac & Cheese w/ Mixed Vegetables & Dinner Roll Sesame Beef Bowl w/ Broccoli	15 BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Pupusa w/ Pinto Beans	16 Cheese Pizza Pepperoni Pizza
19 Cheeseburger w/ Oven Baked Fries Bean Burrito Bowl w/ Rice & Corn	20 Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots	21 Parm Pizza Bites w/ Marinara Dipping Sauce Grilled Cheese Sandwich w/ Baby Carrots	22 Cheese Tamale w/ Black Beans Turkey Nachos w/ Refried Beans & Tortilla Chips	23 Cheese Pizza Pepperoni Pizza
26 Chicken Bites w/ Mashed Potatoes & Pretzels PB&J Sandwich Kit (Seedbutter) w/ Tajin Corn	27 Cheese Lasagna w/ Marinara & Wheat Crackers Beef & Cheese Taco Stick w/ Baby Carrots	28 Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas	29 Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans	30 Cheese Pizza Pepperoni Pizza
Lunch Includes: Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains are Whole Grain Rich	Veg of the Day: Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch & Roll (1 C) Thursday: Jicama Slices (1/2 C) Monday: Baby Carrots (1/2 C) Tuesday: Celery Sticks (1/2 C) Wednesday: Cucumber Slices (1/2 C) w/ Tajin	Featured Fruit: Apple (1/2 C), Nectarine (1/2 C), Pear (1/2 C), Peach (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C), Banana (1/2 C), Apple Slices (1/2 C), Persimmon (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 	

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SOCAL Lunch NSLP 9-12

- **BREAKFAST & LUNCH:** All meals this year are FREE, so every student has the option for both breakfast and lunch. We ask that no food deliveries be made at school by outside restaurants or delivery services, as everyone has the option to eat for free on campus.
- **OC Streetcar** testing is becoming more frequent and routine along the full route between the Santa Ana Train Station and the Harbor/Westminster stop in Garden Grove. As testing increases, streetcar activity will become more noticeable throughout the community, including horn and bell sounds, as preparations continue for passenger service early next year.
 - As testing increases, sharing the road safely with streetcars is especially important. Please stay alert, obey traffic laws, park legally and keep streetcar tracks and travel lanes clear. Illuminated signs at certain intersections will activate as streetcars approach to temporarily detour traffic.
 - **What You Can Expect:**
 - Testing taking place more frequently, including nights and weekends
 - Streetcars operating routinely at posted speed limits
 - Streetcars stopping at station platforms, with doors opening and closing as part of testing
 - Bells sound as streetcars approach, arrive at, depart from or pass through station platforms; use may vary as testing continues.
 - Both horns and bells sound as streetcars pass through certain station platforms, approach crossings, or when needed for safety; use may vary as testing continues.

OC Streetcar Testing Toolkit

For additional OC Streetcar safety information and tips, please visit: [OC Streetcar Safety](#)

The testing schedule is subject to change. For questions or additional information, please contact Melina Cabrera at mcabrera@octa.net or 714-560-5923.

- **FREE YOUTH OCTA BUS PASSES:** Beginning this school year, OCTA will no longer provide Wave cards directly to school districts. To ensure your child can continue riding OCTA buses **free of charge**, parents and guardians must renew their child's Youth Ride Free pass by **September 30, 2026**. To renew, please:
 - Create a **Wave account**.
 - Submit a new **Youth Ride Free application**.
 - Once approved, the new pass will be loaded onto your child's **existing Wave card**—no replacement card is needed.
 - **Don't have a Wave card?** No problem! You can request one as part of the application process, and the card will be mailed directly to you.
 - Please visit [OCBus.com/Apply](https://www.octa.net/OCBus.com/Apply) to create your account and complete the application.
 - We encourage families to complete this process before the September 30 deadline to avoid any interruption in your child's free bus transportation.



- **PARKING PERMITS:** Students who drive vehicles to school must complete paperwork to receive clearance to park in the school parking structure. Only students who have submitted all required documents to the front office can be provided with a parking permit.
- **AERIES PORTAL:** The [Aeries Parent/Student Portal](#) provides parents and students with a secure, convenient way to access student information such as attendance, grades, and assignments.
- **PARENTSQUARE:** ParentSquare is a safe and secure platform for all school-to-home communication. [Click here](#) to download the application.

COMMUNITY RESOURCES:

- **COMMUNITY SERVICE HOURS:** 20 hours of community service are required each year for high school students. 10 community service hours for every semester at NOVA.
 - [Volunteer Match](#)
 - [Habitat for Humanity](#)
 - [Second Harvest Food Bank](#)
 - [YMCA of OC](#)
 - [OC Rescue Mission](#)
 - [Saddleback Church Pantry](#) (scroll to bottom of page under “Give Help”)
 - [City of Santa Ana](#)
 - [United Way](#)
 - [Latino Health Access](#)
 - [Volunteer Opportunities in Orange County](#)
 - **Be a Volunteer Tutor.** Volunteer on a weekday and help elementary age students with their homework. If interested in volunteering, complete the [volunteer registration form here](#)
- **FAMILIES IN NEED OF RESOURCES:**
 - [OC Navigator can help](#)
 - [FindHelp](#)
- **FAMILY RESOURCE CENTERS:**
 - Families & Communities Together: [Click here](#)
- **PARENT EDUCATION PROGRAM AT SAC:** [Click here](#) to learn how you can take English courses, finish high school, take health and activity courses, attend citizenship classes, and train for a career for FREE! You may also call 714-241-5700 for more information.

COMING UP:

October

- 11 - SAC Accelerated Courses End (1st - 8 weeks)
- 12 - SAC Accelerated Courses Begin (2nd - 8 weeks)
- 13 - SEL - OCDE Youth Substance Use Prevention - Gr. 11, 12
- 15 - Regular Board Meeting
- 15 - The Great California ShakeOut - Earthquake Drill (No Evacuation)

20 - Senior Day - College Bound Activities & Workshops (Seniors)

20 - PSAT/NMSQT (Juniors & Sophomores)

20 - Freshman College Tour - USC, CSUDH - Freshman Family Teachers (Boardman, Delgado, Phung - No MS Periods on Even Day for these teachers) Arrive back at NOVA by 3:45pm

23 - Homecoming Dance - 6-9pm @NOVA

23 - Family Class Red Ribbon Week Door Decorating Contest Ends

26 - 30 - Spirit Week

29 - Red Ribbon Week Door Decorating Winners Announced

27 - Chapman University Visit during Family 11:40AM-12:10PM (Admissions Counselor presentation in College Hub)

28 - Staff Professional Development (Minimum Day)

29 - High School Night @ El Sol Academy

30 - ASB Assembly

30 - Progress Report 2

BE SURE TO FOLLOW US ON SOCIAL MEDIA TO STAY CONNECTED!



WEEKLY EAGLE

[ESPANOL]

9 de octubre de 2026

Estimadas familias de NOVA:

- ★ **Nutrición y bienestar: ¡Manteniendo a nuestras águilas sanas!** Nuestro equipo participó en una reunión informativa sobre nutrición y bienestar, en la que aprendió datos importantes sobre los alimentos que se sirven en el campus, la nutrición y el bienestar, así como sobre las normas y políticas de seguridad que ayudan a proteger a nuestros estudiantes.
 - ¡Nos enorgullece trabajar juntos para garantizar que nuestros Eagles tengan acceso a comidas seguras y nutritivas y a un entorno escolar saludable donde puedan prosperar!
- ★ **La Semana del Lazo Rojo** es la mayor campaña de prevención del abuso de drogas en los Estados Unidos. NOVA Academy participará en la Semana del Lazo Rojo a través de nuestra campaña anual. **Concurso de decoración de puertas para la clase familiar**. Comienzo **lunes 5 de octubre - viernes 23 de octubre**. Todas las clases de NOVA Family competirán entre sí para diseñar un mensaje antidrogas en la puerta de su aula.
 - La evaluación tendrá lugar el **miércoles, 28 de octubre**. Los ganadores recibirán una fiesta de pizza para su clase familiar (un ganador por nivel de grado).
- ★ El **martes, 6 de octubre**, nuestros estudiantes de secundaria, de primer y segundo año, tendrán facilitadores de talleres invitados del Programa **de Prevención del Consumo de Sustancias en Jóvenes del Departamento de Educación del Condado de Orange** para facilitar lecciones apropiadas para la edad sobre la prevención del consumo de cannabis y el vapeo. Los jóvenes y los adultos participarán en estos talleres el martes, **10/13**.
 - **Taller de octubre. Tema: Prevención del consumo de cannabis** (lo que incluye el vapeo). Tendremos otra ronda de talleres, facilitados por la OCDE. Estos talleres se llevarán a cabo el 3 de noviembre y el 17 con el mismo formato que los talleres de octubre. **Taller de noviembre Tema: Prevención del consumo de alcohol**

¡Les deseamos a todas nuestras familias un fin de semana maravilloso y seguro!

ASPECTOS DESTACADOS DEL PROGRAMA DE PREVENCIÓN DEL CONSUMO DE SUSTANCIAS PARA JÓVENES DE LA OCDE:



VENTA DE ROPA DE EDUCACIÓN FÍSICA PARA ESCUELAS SECUNDARIAS:

Este mes, la ASB venderá uniformes de educación física los martes y jueves de 2:50 PM a 3:05 PM en la tienda de la ASB ubicada en el primer piso del campus, cerca del atrio.

NOVA ACADEMY
MIDDLE SCHOOL
PHYSICAL EDUCATION
UNIFORMS
WILL SELL ON 

 **TUESDAYS & THURSDAYS**
 **2:50pm - 3:05pm**
 **ON THESE DATES:**
10/13 • 10/15 • 10/20
10/22 • 10/27 • 10/29

 **BE READY FOR P.E.!**

NOVA

NOVA ACADEMY
ESCUELA INTERMEDIA
UNIFORMES DE
EDUCACIÓN FÍSICA
SE VENDERÁN EL 

 **MARTES Y JUEVES**
 **2:50pm - 3:05pm**
 **EN ESTAS FECHAS:**
10/13 • 10/15 • 10/20
10/22 • 10/27 • 10/29

 **¡LISTOS PARA P.E.!**

NOVA

PROGRAMAS DE ESCUELA SECUNDARIA:

FREE AFTER-SCHOOL PROGRAM!

STEM

STRUCTURAL ENGINEERING

Build it. Test it. Improve it!

Students will explore the world of structural engineering through hands-on challenges that encourage creativity, problem-solving, teamwork, and design thinking.

THURSDAYS | 4:00-5:00 PM
CLASSROOM 403
 8/27, 9/10, 9/17, 9/24, 10/8,
 10/15, 10/22, 10/29, 11/5, 11/12,
 11/19, 12/3, 12/10





NOVA ACADEMY
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

SOCCER

Get moving and build your soccer skills!

Students will develop fundamental techniques, teamwork, coordination, and game strategies while having fun on the field.

MONDAYS | 4:00-5:00 PM
ANGELS PARK
 8/24, 8/31, 9/14, 9/21, 9/28, 10/5,
 10/12, 10/19, 10/26, 11/2, 11/9,
 11/16, 11/30, 12/7





NOVA ACADEMY
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

ART

Unleash your creativity!

Students will explore different art techniques and projects while developing their artistic skills, expressing themselves, and creating something they can be proud of.

TUESDAYS | 4:00-5:00 PM
CLASSROOM 403
 8/25, 9/1, 9/8, 9/15, 9/22, 9/29,
 10/6, 10/13, 10/20, 10/27, 11/3,
 11/10, 11/17, 12/1, 12/8





NOVA ACADEMY
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

COOKING

Mix, create, and cook!

Students will learn basic cooking skills, explore new recipes and ingredients, and gain hands-on experience preparing delicious food.

WEDNESDAYS | 4:00-5:00 PM
COLLEGE HUB
 8/26, 9/2, 9/9, 9/23, 9/30,
 10/7, 10/14, 10/21, 11/4, 11/18,
 12/2, 12/9





NOVA ACADEMY
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

TUTORING

HOMEWORK SUPPORT

A dedicated time for middle school students to complete homework, ask questions, and receive extra academic support from staff. Students can get help with challenging assignments, stay on track, and build strong study habits.

MON-THUR | 3:00-3:30 PM
CLASSROOM 402
MS. BARRY
CLASSROOM 401
MS. FLORES





NOVA ACADEMY
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

FREE AFTER-SCHOOL PROGRAM!

FLIGHT TIME

Join the Eagles Nest for some time to relax, connect, and have fun! Students can choose from free play, video games, board games, and the sports court while spending time with friends in a fun and welcoming environment.

MONDAY-THURSDAY | 3:30-4:00 PM
FRIDAY | 2:00-3:00 PM
EAGLES NEST





NOVA ACADEMY
EARLY COLLEGE MIDDLE SCHOOL

TO SIGN UP OR LEARN MORE, CONTACT MS. CUEVAS

PROGRAMAS DE SECUNDARIA:

FREE AFTER-SCHOOL PROGRAM!

OFFICE HOURS

HOMEWORK SUPPORT

MON-THU | 4:00-4:30 PM

A dedicated time for high school students to complete homework, ask questions, and receive extra academic support from any of their teachers. Students can get help with challenging assignments, stay on track, and build strong study habits.

MR. BATSTONE - ROOM 201
MR. PHUNG - ROOM 202
MR. MARLOWE - ROOM 203
MS. SANCHEZ - ROOM 204
MR. MCCORMICK - ROOM 205
MR. WILSON - ROOM 301
MR. GOODHEART - ROOM 302
MR. MITCHELL - ROOM 303
MS. BOARDMAN - ROOM 304
MR. DELGADO - ROOM 305
MR. STOLINSKI - ROOM 306
MS. MUNOZ - ROOM 307




FREE AFTER-SCHOOL PROGRAM!

FASHION DESIGN

WEDNESDAYS | 4:00-5:00 PM

Design it. Create it! Students will explore fashion concepts, sketch their own ideas, learn basic design techniques, and develop creative projects inspired by their personal style.

LOCATION: CLASSROOM 304
8/26, 9/2, 9/9, 9/23, 9/30,
10/7, 10/14, 10/21, 11/4, 11/18,
12/2, 12/9

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

MANGA ART

TUESDAY | 4:00-5:00 PM

Turn your ideas into something real! Students will learn the basics of 3D design and printing while creating, testing, and bringing their own digital designs to life.

LOCATION: COLLEGE HUB
8/25, 9/1, 9/8, 9/15, 9/22,
9/29, 10/6, 10/13, 10/20, 10/27,
11/3, 11/10, 11/17, 12/1, 12/8

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

SOCCER

TUE/WED | 4:00-5:00 PM

Take your game to the next level! Students will develop soccer skills, improve fitness and coordination, practice teamwork, and compete in a fun and supportive environment.

LOCATION: ANGELS PARK*
8/25, 8/26, 9/1, 9/2, 9/8, 9/9,
9/15, 9/22, 9/23, 9/29, 9/30,
10/6, 10/7, 10/13, 10/14, 10/20,
10/21, 10/27, 11/3, 11/4, 11/10,
11/17, 11/18, 12/1, 12/2, 12/8, 12/9

To sign up, see Ms. Cuevas.




*Meet in Eagles Landing for attendance.

FREE AFTER-SCHOOL PROGRAM!

STEM 3D PRINTING

MONDAY | 4:00-5:00 PM

Turn your ideas into something real! Students will learn the basics of 3D design and printing while creating, testing, and bringing their own digital designs to life.

LOCATION: CLASSROOM 301
8/24, 8/31, 9/14, 9/21, 9/28,
10/5, 10/12, 10/19, 10/26, 11/2,
11/9, 11/16, 11/30, 12/7

To sign up, see Ms. Cuevas.




FREE AFTER-SCHOOL PROGRAM!

COOKING

MONDAY | 4:00-5:00 PM

Explore the art of cooking through hands-on recipes, techniques, and culinary challenges. Students will build practical kitchen skills while creating and enjoying their own dishes.

LOCATION: COLLEGE HUB
8/24, 8/31, 9/14, 9/21, 9/28,
10/5, 10/12, 10/19, 10/26, 11/2,
11/9, 11/16, 11/30, 12/7

To sign up, see Ms. Cuevas.




- **CONSEJO ASESOR ESTUDIANTIL: NOVA Escuela Secundaria Consejo Asesor Estudiantil** Es una oportunidad para que los estudiantes se conecten con el liderazgo escolar y ayuden a guiar los programas escolares, las iniciativas comunitarias y la cultura del campus. ¡Los estudiantes están invitados a unirse al consejo y participar en programas de mentoría, periodismo, liderazgo y mucho más!



DEPORTES DE SECUNDARIA:

VOLEIBOL FEMENINO

28-Aug Friday	4:00 PM	First Baptist LB	1000 Pine Ave.
14-Sep Monday	4:30 PM	Vista Meridian Global	1710 W Edinger Ave, Santa Ana, CA 92704
16-Sep Wednesd	3:45 PM	Waldorf	883 W 15th Street
21-Sep Monday	3:30 PM	Eastside Christian Schools	1701 W Valencia Dr, Fullerton, CA 92833
23-Sep Wednesd	3:00 PM	Bethel Baptist Church	Momentous
25-Sep Friday	3:00 PM	First Baptist LB	Momentous
28-Sep Monday	5:00 PM	Liberty Christian Schools	7661 Warner Avenue, Huntington Beach, CA
7-Oct Wednesd	3:00 PM	Eastside Christian Schools	Momentous
9-Oct Friday	3:15 PM	Bethel Baptist Church	13732 Clinton St, Garden Grove, CA 92843
12-Oct Monday	3:00 PM	Liberty Christian Schools	Momentous

POR FAVOR:



DEPARTAMENTO DE ORIENTACIÓN PRÁCTICA:

Excursión de primer año a la Universidad Estatal de California, Dominguez Hills (CSUDH) y a la Universidad del Sur de California (USC).



- El 20 de octubre de 2026, durante el horario escolar, los estudiantes de primer año participarán en dos visitas guiadas al campus universitario. **Esperamos una participación del 100% de todos los estudiantes de primer año.** Asegúrese de devolver su formulario de autorización a su profesor de familia de primer año lo antes posible.

PSAT/NMSQT

- El PSAT/NMSQT es la prueba preliminar del SAT/Examen de Calificación para la Beca Nacional al Mérito. El PSAT es una excelente preparación para el SAT e incluso para el ACT, pero es mucho más que una simple prueba. Los puntajes del PSAT se utilizan para identificar a los Becarios Nacionales al Mérito y otorgarles becas.
 - Los alumnos de segundo y tercer año realizarán el examen PSAT/NMSQT el 20 de octubre de 2026 durante el horario escolar. Nos complace poder brindarles esta oportunidad sin costo alguno.
 - Para obtener más información sobre el PSAT o para elaborar un plan de estudio, visite:
 - [Crea tu plan de estudio – SAT Suite | College Board](#)

RECURSOS:

[Línea de ayuda para crisis por mensaje de texto](#)

¿Estás pasando por un mal momento? ¿Necesitas apoyo? Crisis Text Line ofrece asistencia gratuita por mensaje de texto las 24 horas, los 7 días de la semana. Un consejero especializado en crisis recibe tu mensaje y responde en vivo, todo desde una plataforma segura en línea.

- Envía un mensaje de texto con la palabra HOME al 741741. Disponible las 24 horas.
- Instagram: [@crisistextline](#)

[Línea de ayuda para el suicidio y las crisis: 988](#)

La línea de ayuda 988 para la prevención del suicidio y las crisis ofrece apoyo gratuito y confidencial las 24 horas del día, los 7 días de la semana, para personas en situación de angustia. Además, brinda recursos de prevención y manejo de crisis para usted o sus seres queridos. Llame hoy mismo para obtener ayuda o visite el sitio web para más información.

- Llama o envía un mensaje de texto al 988.
- Instagram: [@988lifeline](#)

Línea para adolescentes

¿Necesitas ayuda para resolver algún problema? ¿Quieres hablar con alguien que te entienda, como otro adolescente? ¡La Línea para Adolescentes está aquí para ayudarte! La línea gratuita está disponible de 18:00 a 22:00 y el servicio de mensajes de texto de 18:00 a 21:00.

- Envía un mensaje de texto con la palabra TEEN al 839863.
- Llame al 310-855-4673
- Instagram: [@teenlineonline](https://www.instagram.com/teenlineonline)

La Línea de Ayuda Trevor (LGBTQ+)

El Proyecto Trevor es la principal organización nacional que ofrece servicios de intervención en crisis y prevención del suicidio a jóvenes lesbianas, gays, bisexuales, transgénero, queer y aquellos que están explorando su identidad sexual. Si eres un joven en crisis o simplemente necesitas un espacio seguro y libre de prejuicios para hablar, envía un mensaje o llama hoy mismo.

- Envía un mensaje de texto con la palabra INICIO al 678-678.
- Llame al 1-866-488-7386, las 24 horas del día.
- Instagram: [@trevorproject](https://www.instagram.com/trevorproject)

REQUISITOS DE GRADUACIÓN:

- [Haga clic aquí](#)
- Si tiene alguna pregunta sobre el estado de graduación de su hijo/a, comuníquese con la Sra. Mier, consejera.

ESTUDIANTES DE ÚLTIMO AÑO:

- **Día de campo de la promoción de 2027**
 - **Quién:** Solo para los estudiantes en el 12 grado
 - **Qué:** El Día Deportivo es una celebración importante centrada en fortalecer los lazos entre los miembros de la clase.
 - **Dónde:** Parque comunitario de Ángel.
 - **Cuando:** martes 20 de octubre, de 8:30 a 12:00.
- Los formularios de autorización se distribuyeron a todos los alumnos de último año durante la clase familiar del 7 de octubre de 2026; por favor, devuélvanlos lo antes posible. **Esperamos una participación del 100% de todos los adultos mayores.**

¡SOLICITUDES DE ADMISIÓN A LA UNIVERSIDAD!

- Si necesitas ayuda y te gustaría asistir a un taller sobre solicitudes de admisión universitaria los jueves, ¡completa el formulario para inscribirte!
- [Formulario de inscripción para el taller de solicitud de admisión universitaria](#)

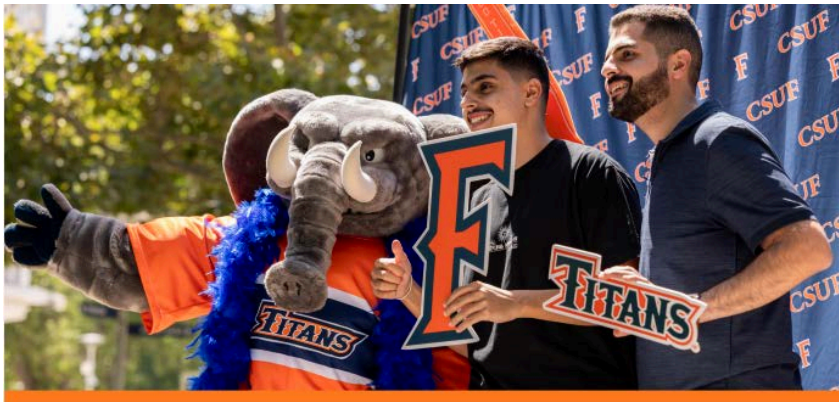
Para acceder a las aplicaciones:

- [Solicitud de la UC](#)
- [Solicitud de CSU](#)
- [Solicitud común](#)

Antes de enviar sus solicitudes, asegúrese de lo siguiente:

- Revisa tu expediente académico y confirma que todos tus cursos y calificaciones estén registrados correctamente.
- Utilice su expediente académico no oficial al completar su historial académico.
- Incluye cualquier curso universitario que hayas completado o que estés cursando actualmente.
- Verifique bien su información antes de enviarla.
- Mantén un registro de tus nombres de usuario, contraseñas, identificadores de aplicación y fechas límite.
- ¡Pide ayuda cuanto antes! No esperes hasta el último día para presentar tu solicitud.

Explora las universidades:



FALL IN LOVE WITH
Cal State Fullerton.
 October 24, 2026 | 10 a.m. – 2 p.m.

Join us at
Fall in Love with Cal State Fullerton

This is an open house event where you can explore our academic programs, take a campus tour, and learn about the resources and support services we offer.

We invite anyone interested in discovering what our campus has to offer to attend this event.

ACADEMIC COLLEGES

CAMPUS TOURS

TITAN PRIDE

STUDENT RESOURCES

CSUF Outreach, Recruitment and Orientation
 STUDENT AFFAIRS AND STRATEGIC ENROLLMENT MANAGEMENT



Scan QR Code to RSVP!

PROGRAMA DE OPORTUNIDADES UNIVERSITARIAS:

- **Colegio de Santa Ana** clases para el **otoño de 2026** **Comienzan** las vacaciones del **17 de agosto de 2026 al 5 de diciembre de 2026 (8/17/26-12/05/26)**. Un curso universitario acelerado es una clase intensiva y de ritmo rápido que condensa el material tradicional de un semestre de 15 a 16 semanas en un período más corto, que generalmente dura de 5 a 8 semanas. Los estudiantes cubren el mismo contenido académico y obtienen la misma cantidad de créditos en una fracción del tiempo. Los cursos acelerados abarcan desde **8/17/26-10/11/26 & 10/12/17-12/05/26**.
 - Si no ha cursado estudios universitarios desde el otoño de 2025, deberá consultar con la Sra. Rodríguez para completar la solicitud.
 - Si cursaste estudios universitarios en la primavera de 2026, puedes inscribirte en cursos [aquí](#).
 - Los estudiantes matriculados actualmente en cursos pueden acceder a Self Service y Canvas [aquí](#).
 - Si necesitas un libro de texto universitario, solicítalo aquí: [Formulario de solicitud de libros de texto universitarios](#)
 - **Si tiene alguna pregunta, comuníquese con la Sra. Rodríguez.**

JÓVENES – ¡CONOZCAN A LEDA!

¿Sueñas con asistir a una universidad de prestigio? 🎓

LEDA es un programa GRATUITO que ayuda a estudiantes de penúltimo año con alto rendimiento académico a prepararse para la universidad, desarrollar habilidades de liderazgo e incluye una experiencia de verano en la Universidad de Princeton.

✨ Apoyo para la solicitud de ingreso a la universidad

✨ Desarrollo del liderazgo

✨ Orientación sobre ayuda financiera

✨ Programa de verano GRATUITO en Princeton

¿Te interesa? ¡Acércate al Centro Universitario y pregunta a la Sra. Rodríguez para obtener más información!

[Folleto informativo de LEDA](#)

[Aplicación LEDA](#)

CAMINO A LA UNIVERSIDAD:

- Programa "Camino a la Universidad" con el Boys & Girls Club de Central Orange Coast. es un GRATIS Programa de preparación universitaria y profesional que garantiza que los estudiantes de bachillerato se gradúen a tiempo con un plan personalizado para el futuro. Este programa, que se desarrolla durante todo el año, ofrece apoyo académico diario, patrocina numerosas actividades de orientación universitaria, facilita la obtención de recursos, explora opciones profesionales y prepara a los participantes para una experiencia exitosa tras la graduación.
- Visita a la Sra. Dominique en el Centro Universitario para obtener más información sobre College Bound. Si tienes alguna pregunta, puedes enviar un correo electrónico a dperez@boysandgirlsclub.com. Si te interesa participar, haz clic aquí para inscribirte: [¿QUIERES IR A LA UNIVERSIDAD? ¡Inscríbete!](#) O bien, rellene un formulario de interés → [NOVA | Preparación para la universidad: complete el formulario](#)

- **PADRES:** ¡College Bound también ofrece ayuda a los padres! Hablamos de temas como ayuda financiera, la universidad, los requisitos de la preparatoria y cómo apoyar a tu hijo/a. Únete a nuestro grupo de chat en Remind para recibir información e inscribirte en nuestras presentaciones. [Recordatorio para los padres](#)

Todas las actualizaciones están disponibles en el tablón de anuncios de College Bound, ubicado fuera del Centro Universitario.



Calendario mensual: octubre

Próximo evento:

Únase al seminario web de exploración principal el **jueves 15 de octubre**. ¡Para comprender el proceso de selección de una carrera universitaria y explorar posibles trayectorias profesionales!

- **Hora: 4 PM**
- **Ubicación: Microsoft Teams**

Enlace para registrarse: [Registro para el seminario web de exploración principal](#)



¡Estudiantes de último año de NOVA!

Se acerca la temporada de solicitudes universitarias y seguramente tienes muchas preguntas. No te preocupes, habrá talleres disponibles para que recibas todo el apoyo que necesitas. Impartiré talleres los lunes y martes cada dos semanas a partir del 14 de septiembre. ¡El cupo es limitado, así que inscríbete pronto! Si no eres miembro de College Bound y te interesa unirte, haz clic aquí para inscribirte. [¿QUIERES IR](#)

[A LA UNIVERSIDAD? ¡Inscríbete!](#) O bien, rellene un formulario de interés → NOVA [Preparación para la universidad: complete el formulario](#)

Becas disponibles:

¿Buscas becas? Consulta este foro de becas. **Asegúrese de comprobar los requisitos de elegibilidad y las fechas límite.** [Foro de becas.xlsx](#) Si tiene alguna pregunta, puede enviar un correo electrónico dperez@boysandgirlsclub.com



Oportunidades:

¿Necesitas información sobre el horario de atención? ¡Sea voluntario en el Centro Juvenil Joe's Garage! Por favor, tómese un momento para completar este formulario ([Hazte voluntario aquí](#)) para seleccionar las fechas en las que está disponible para ser voluntario en el empaquetado de alimentos en octubre de 2026. Ofrecemos 2 horas de trabajo voluntario por cada día de empaquetado de alimentos.

Ubicación: Boys & Girls Club de Santa Ana - Centro Juvenil Joe's Garage

Dirección: 950 West Highland St, Santa Ana, CA 92703

Si tiene alguna pregunta, envíe un correo electrónico a nuestra coordinadora de adolescentes de Santa Ana, Esveidi Catalan, a ecatalan@boysandgirlsclub.com

RECURSOS ESCOLARES:

- GUÍA DE RECURSOS DE NOVA PARA EL AÑO ESCOLAR 2026-2027: [Haga clic aquí](#)
- MENÚ DE COMEDORES ESCOLARES:

OCTOBER BREAKFAST				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Croissant w/ Grape Jelly	2 Yogurt w/ Honey Grahams Mini Maple Pancakes
5 Cinnamon Crumble Waffle	6 Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	7 Croissant w/ Grape Jelly French Toast Sticks	8 Chocolate Chip Muffin Top	9 Yogurt w/ Honey Grahams Mini Maple Pancakes
12 Bagel w/ Cream Cheese Apple Hand Pie	13 Conchita w/ String Cheese Egg, Cheese & Green Salsa Breakfast Burrito	14 Banana Muffin Mini Strawberry Pancakes	15 Berry Apple Zee Zee Bar Beef Sausage & Cheese English Muffin Sandwich	16 Strawberry Yogurt Parfait w/ Cinnamon Granola Waffle
19 Cinnamon Roll French Toast Sticks	20 Yogurt w/ String Cheese Mini Maple Pancakes	21 Fruit & Yogurt Smoothie w/ Granola Egg, Cheese & Green Salsa Breakfast Burrito	22 Yogurt w/ Honey Grahams Sausage & Cheese Stuffed Waffle	23 Blueberry Muffin Mini Strawberry Pancakes
26 Cinnamon Crumble Waffle	27 Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	28 Croissant w/ Grape Jelly French Toast Sticks	29 Chocolate Chip Muffin Top	30 Yogurt w/ Honey Grahams Mini Maple Pancakes
Breakfast Includes: Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich		Featured Fruit: Banana (1/2 C), Pear (1/2 C), Apple Slices (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C)		RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 

This institution is an equal opportunity provider. Menus are subject to change without notice.

OCTOBER LUNCH				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bean & Cheese Pupusa w/ Pinto Beans Cheese Tamale w/ Black Beans	2 Cheese Pizza Pepperoni Pizza
5 Chicken Bites w/ Mashed Potatoes & Pretzels PB&J Sandwich Kit (Seedbutter) w/ Tajin Corn	6 Cheese Lasagna w/ Marinara & Wheat Crackers Beef & Cheese Taco Stick w/ Baby Carrots	7 Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas	8 Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans	9 Cheese Pizza Pepperoni Pizza
12 Orange Chicken with Brown Rice, Peas & Goldfish Grahams Wowbutter & Jetty Sandwich w/ Corn Tajin	13 Parm Pizza Bites w/ Marinara Dipping Sauce Pineapple Teriyaki Chicken w/ Rice & Diced Carrots & Goldfish Cheddars	14 Mac & Cheese w/ Mixed Vegetables & Dinner Roll Sesame Beef Bowl w/ Broccoli	15 BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Pupusa w/ Pinto Beans	16 Cheese Pizza Pepperoni Pizza
19 Cheeseburger w/ Oven Baked Fries Bean Burrito Bowl w/ Rice & Corn	20 Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots	21 Parm Pizza Bites w/ Marinara Dipping Sauce Grilled Cheese Sandwich w/ Baby Carrots	22 Cheese Tamale w/ Black Beans Turkey Nachos w/ Refried Beans & Tortilla Chips	23 Cheese Pizza Pepperoni Pizza
26 Chicken Bites w/ Mashed Potatoes & Pretzels PB&J Sandwich Kit (Seedbutter) w/ Tajin Corn	27 Cheese Lasagna w/ Marinara & Wheat Crackers Beef & Cheese Taco Stick w/ Baby Carrots	28 Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas	29 Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans	30 Cheese Pizza Pepperoni Pizza
Lunch Includes: Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Veg of the Day: Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch & Roll (1 C) Thursday: Jicama Slices (1/2 C) Monday: Baby Carrots (1/2 C) Tuesday: Celery Sticks (1/2 C) Wednesday: Cucumber Slices (1/2 C) w/ Tajin	Featured Fruit: Apple (1/2 C), Nectarine (1/2 C), Pear (1/2 C), Peach (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C), Banana (1/2 C), Apple Slices (1/2 C), Persimmon (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 	

This institution is an equal opportunity provider. Menus are subject to change without notice.

SOCAL Lunch NSLP 9-12

- **DESAYUNO Y ALMUERZO:** Este año, todas las comidas son gratuitas, por lo que cada estudiante tiene la opción de desayunar y almorzar. Les pedimos que no se realicen entregas de comida en la escuela por parte de restaurantes o servicios de entrega externos, ya que todos tienen la opción de comer gratis en el campus.

- **Tranvía de Orange County:** Las pruebas se están volviendo más frecuentes y rutinarias a lo largo de todo el recorrido entre la estación de tren de Santa Ana y la parada Harbor/Westminster en Garden Grove. A medida que aumenten las pruebas, la actividad del tranvía será más notoria en toda la comunidad, incluyendo el sonido de las bocinas y las campanas, mientras continúan los preparativos para el servicio de pasajeros a principios del próximo año.
 - Con el aumento de las pruebas, compartir la vía de forma segura con los tranvías es fundamental. Por favor, manténgase alerta, respete las normas de tráfico, estacione correctamente y mantenga despejadas las vías y los carriles de circulación. En algunas intersecciones, se activarán señales luminosas al acercarse los tranvías para desviar temporalmente el tráfico.
 - **Qué puedes esperar:**
 - Las pruebas se realizan con mayor frecuencia, incluso por las noches y los fines de semana.
 - Los tranvías circulan habitualmente a los límites de velocidad establecidos.
 - Tranvías deteniéndose en los andenes de las estaciones, con las puertas abriéndose y cerrándose como parte de las pruebas.
 - Las campanas suenan cuando los tranvías se acercan, llegan, salen o pasan por los andenes de las estaciones; su uso puede variar a medida que continúen las pruebas.
 - Tanto las bocinas como las campanas suenan cuando los tranvías pasan por ciertos andenes de las estaciones, se acercan a los cruces o cuando es necesario por motivos de seguridad; su uso puede variar a medida que continúan las pruebas.

[Kit de herramientas para pruebas de tranvías de OC](#)

Para obtener información y consejos adicionales sobre seguridad en el tranvía de OC, visite: [Seguridad en los tranvías del Condado de Orange](#)

El calendario de pruebas está sujeto a cambios. Para preguntas o información adicional, comuníquese con Melina Cabrera en mcabrera@octa.net o al 714-560-5923.

- **ABONOS DE AUTOBÚS OCTA GRATUITOS PARA JÓVENES:** A partir de este año escolar, OCTA ya no proporcionará tarjetas Wave directamente a los distritos escolares. Para garantizar que su hijo pueda seguir viajando en los autobuses de OCTA **gratis**, los padres y tutores deben renovar el pase Youth Ride Free de su hijo por **30 de septiembre, 2026** Para renovar, por favor:
 - Crear una **cuenta de olas**.
 - Enviar una nueva **solicitud para jóvenes que viajan gratis**.
 - Una vez aprobado, el nuevo pase se cargará en el dispositivo de su hijo. **Tarjeta Wave existente**—No se necesita tarjeta de reemplazo.
 - **¿No tienes una tarjeta Wave?** Sin problema! Puedes solicitarla como parte del proceso de solicitud y la tarjeta te será enviada directamente por correo.
 - Por favor, visite OCBus.com/Solicitar para crear tu cuenta y completar la solicitud.
 - Recomendamos a las familias que completen este proceso antes del 30 de septiembre para evitar cualquier interrupción en el transporte escolar gratuito de sus hijos.



- **PERMISOS DE ESTACIONAMIENTO:** Los estudiantes que se desplazan al colegio en coche deben completar la documentación necesaria para obtener autorización para aparcar en el estacionamiento escolar. Solo los estudiantes que hayan entregado todos los documentos requeridos en la secretaría podrán obtener un permiso de estacionamiento.
- **PORTAL DE AERIES:** El [portal para padres/alumnos de Aeries](#) proporciona a padres y alumnos una forma segura y cómoda de acceder a la información del alumno, como la asistencia, las calificaciones y las tareas.
- **PARENTSQUARE:** ParentSquare es una plataforma segura para toda la comunicación entre la escuela y el hogar. Haga [clic aquí](#) para descargar la aplicación.

RECURSOS COMUNITARIOS:

- **HORARIO DE SERVICIO COMUNITARIO:** Los estudiantes de secundaria deben realizar 20 horas de servicio comunitario al año. En NOVA, se requieren 10 horas de servicio comunitario por semestre.
 - [Programa de voluntariado](#)
 - [Hábitat para la Humanidad](#)
 - [Banco de Alimentos Second Harvest](#)
 - [YMCA del Condado de Orange](#)
 - [Misión de rescate de OC](#)
 - [Despensa de la iglesia Saddleback](#) (desplácese hasta el final de la página, debajo de "Ofrecer ayuda")
 - [Ciudad de Santa Ana](#)
 - [United Way](#)
 - [Acceso a la salud para latinos](#)
 - [Oportunidades de voluntariado en el condado de Orange.](#)
 - **Sé tutor voluntario.** Sea voluntario entre semana y ayude a estudiantes de primaria con sus tareas. Si está interesado en ser voluntario, complete el formulario. [Aquí encontrará el formulario de inscripción para voluntarios.](#)
- **FAMILIAS NECESITADAS DE RECURSOS:**
 - [OC Navigator puede ayudar](#)
 - [Buscar ayuda](#)
- **CENTROS DE RECURSOS FAMILIARES:**
 - Familias y comunidades unidas: [haga clic aquí](#)
- **PROGRAMA DE EDUCACIÓN PARA PADRES EN SAC:** [Haga clic aquí.](#) ¡Descubre cómo puedes tomar cursos de inglés, terminar la preparatoria, acceder a cursos de salud y actividad física, asistir a clases de ciudadanía y capacitarte para una carrera profesional GRATIS! También puedes llamar al 714-241-5700 para obtener más información.

PRÓXIMAMENTE:

Octubre

12 - Comienzan los cursos acelerados de SAC (2 - 8 semanas)

13 - SEL - Prevención del consumo de sustancias en jóvenes de la OCDE - Grados 11 y 12

15 - El Gran Simulacro de Terremoto de California (Sin Evacuación)

20 - Día de los estudiantes de último año - Actividades y talleres para la preparación universitaria (estudiantes de último año)

20 - PSAT/NMSQT (estudiantes de penúltimo y último año)

20 - Visita a universidades de primer año - USC, CSUDH - Profesores de apoyo para estudiantes de primer año (Boardman, Delgado, Phung - No hay clases de secundaria en días pares para estos profesores)
Regresar a NOVA antes de las 3:45

23 - Finaliza el concurso de decoración de puertas de la Semana del Lazo Rojo para las Clases Familiares.

26 - 30 - Semana del Espíritu Escolar

29 - Anunciados los ganadores del concurso de decoración de puertas de la Semana del Lazo Rojo

27 - Visita a la Universidad Chapman durante el horario familiar de 11:40 a 12:10 (Presentación del consejero de admisiones en el Centro Universitario).

28 - Desarrollo profesional del personal (Día mínimo)

29 - Noche de estudiantes de secundaria en la Academia El Sol

30 - Ensamblaje ASB

30 - Informe de progreso 2

¡NO OLVIDES SEGUIRNOS EN LAS REDES SOCIALES PARA MANTENERTE CONECTADO!

