

## NOVA ACADEMY EARLY COLLEGE HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
February 25, 2019	February 26, 2019	February 27, 2019	February 28, 2019	March 1, 2019
March 4, 2019	March 5, 2019	March 6, 2019	March 7, 2019	March 8, 2019
FRUITY CHEERIOS ^ Animal Grahams ^ Cherry Craisins Grape Juice Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Peaches Orange-Tangerine Juice Choice of Milk	BANANA MUFFIN ^ String Cheese Fresh Apple* Choice of Milk	WAFFLES ^ Fresh Orange* Apple Juice Syrup Choice of Milk	
March 11, 2019	March 12, 2019	March 13, 2019	March 14, 2019	March 15, 2019
GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Cherry Craisins Fruit Punch Juice Choice of Milk	FRENCH TOAST STICKS ^ Syrup Orange-Tangerine Juice Mixed Fruit Cup Choice of Milk	String Cheese Tropical Mini Loaf ^ Fresh Apple* Choice of Milk	BEEF SAUSAGE SLIDER ^ Assorted Jelly Fresh Banana Diced Pears Choice of Milk	
March 18, 2019	March 19, 2019	March 20, 2019	March 21, 2019	March 22, 2019
TRIX ^ Strawberry Pancake Square ^ Cherry Craisins Fruit Punch Juice Choice of Milk	BREAKFAST BURRITO ^ Diced Peaches Orange-Tangerine Juice Salsa Choice of Milk	BLUEBERRY MUFFIN ^ String Cheese Fresh Apple* Choice of Milk Assorted Jelly	STRAWBERRY PANCAKES ^ Fresh Orange* Grape Juice Choice of Milk	
March 25, 2019	March 26, 2019	March 27, 2019	March 28, 2019	March 29, 2019
COCOA PUFFS ^ Graham Crackers ^ Cherry Craisins Apple Juice Choice of Milk	PANCAKES ^ Diced Pears Orange-Tangerine Juice Syrup Choice of Milk	CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple* Choice of Milk	CHICKEN BISCUIT ^ Fresh Banana Orange-Tangerine Juice Honey Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

## NOVA ACADEMY EARLY COLLEGE HIGH SCHOOL L2HS - Lunch 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
February 25, 2019	February 26, 2019	February 27, 2019	February 28, 2019	March 1, 2019
				RANCH TURKEY BURGER SPICY CHICKEN FILLET ^ BBQ Sauce Wrapped Hamburger Bun ^ Fresh Chopped Romaine (IW) Light Ranch Dressing SunSet Sip Juice Fruit Punch Juice Diced Peaches Choice of Milk
March 4, 2019	March 5, 2019	March 6, 2019	March 7, 2019	March 8, 2019
*NATIONAL BREAKFAST WEEK* PANCAKES & SAUSAGE ^ Syrup CRUNCHY CHICKEN TENDERS ^ Breadstick ^ BBQ Sauce Potato Rounds SunSet Sip Juice Applesauce Cup Fruit Punch Juice Ketchup Choice of Milk	CHEESEBURGER Wrapped Hamburger Bun ^ Green Beans French Fries Mixed Fruit Cup Grape Juice BBQ Sauce Mustard Ketchup Pretzel ^ Choice of Milk POPCORN CHICKEN ^	TACO MEAT IW Soft Tortilla ^ Salsa Cup Tortilla Rounds ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Corn Diced Peaches Apple Juice Choice of Milk	MEATBALL SUB Potato Rounds HOT DOG WITH POTATO ROUNDS Wrapped Hot Dog Bun ^ Maple Baked Beans Fresh Apple* Mustard Ketchup Vanilla Cookie ^ Choice of Milk	CHEESE PIZZA ^ CRISPY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ BBQ Sauce Baby Carrots Fresh Celery Sticks (IW) Fresh Chopped Romaine (IW) Light Ranch Dressing Fresh Banana Orange-Tangerine Juice Choice of Milk
March 11, 2019	March 12, 2019	March 13, 2019	March 14, 2019	March 15, 2019
MEATLOAF W/TOMATO SAUCE & MASHED POTATOES Wrapped Hamburger Bun ^ CHICKEN TENDERS WITH POTATO WEDGES ^ Country Blend Vegetables Mixed Fruit Cup Orange Sorbet 100% Juice BBQ Sauce Ketchup Multi Grain Sun Chips ^ Choice of Milk	PEPPERONI PIZZA ^ CHEESEBURGER Wrapped Hamburger Bun ^ Mixed Vegetables Green Beans Diced Peas Fruit Punch Juice Mustard Ketchup Choice of Milk	SPECIAL MEAL CHICKEN WINGS Corn Muffin ^ Potato Rounds BBQ Sauce PIZZA DIPPERS ^ Marinara Dipping Sauce Fresh Chopped Romaine (IW) Light Ranch Dressing Diced Peaches Apple Juice Choice of Milk	BBQ CHICKEN Wrapped Hamburger Bun ^ HOT DOG WITH POTATO ROUNDS Wrapped Hot Dog Bun ^ Maple Baked Beans SunSet Sip Juice Fresh Apple* Mustard Ketchup Vanilla Cookie ^ Choice of Milk	BEAN & CHEESE BURRITO ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Corn Diced Carrots Fresh Banana Grape Juice Salsa BBQ Sauce Choice of Milk
March 18, 2019	March 19, 2019	March 20, 2019	March 21, 2019	March 22, 2019
PENNE PASTA W/MEAT SAUCE ^ CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Country Blend Vegetables Applesauce Cup Orange-Tangerine Juice BBQ Sauce Ketchup Choice of Milk	CORN DOG ON A STICK ^ CHEESEBURGER Wrapped Hamburger Bun ^ Maple Baked Beans SunSet Sip Juice Diced Peaches Cherry Craisins Mustard Ketchup Mayonnaise Choice of Milk	DELI SUB SANDWICH ^ Baby Carrots PIZZA DIPPERS ^ Marinara Dipping Sauce Corn Diced Peas Fruit Punch Juice Mayonnaise Choice of Milk Light Ranch Dressing	CHICKEN TACO Tortilla Rounds ^ HOT DOG WITH POTATO ROUNDS Wrapped Hot Dog Bun ^ Fresh Chopped Romaine (IW) Baby Carrots Light Ranch Dressing Fresh Apple* Ketchup Mustard Chocolate Cookie ^ Choice of Milk	VEGETARIAN CHILI WITH BEANS Corn Muffin ^ CRISPY CHICKEN PATTY ^ Wrapped Hamburger Bun ^ Fresh Celery Sticks (IW) Mixed Vegetables Fresh Orange* Apple Juice Chipotle Ranch Choice of Milk Light Ranch Dressing
March 25, 2019	March 26, 2019	March 27, 2019	March 28, 2019	March 29, 2019
MEATLOAF PANINI ^ CRUNCHY CHICKEN TENDERS ^ French Fries Diced Carrots Orange-Tangerine Juice Mixed Fruit Cup Ketchup BBQ Sauce Multi Grain Sun Chips ^ Choice of Milk	CHICKEN RANCH FLATBREAD ^ CHEESEBURGER Wrapped Hamburger Bun ^ Corn Baby Carrots Light Ranch Dressing Diced Peas Grape Juice Mustard Ketchup Choice of Milk	TURKEY BURGER WITH POTATO WEDGES Wrapped Hamburger Bun ^ Fresh Celery Sticks (IW) PIZZA DIPPERS ^ Marinara Dipping Sauce Maple Baked Beans Diced Peaches Fruit Punch Juice Mustard Ketchup Choice of Milk Light Ranch Dressing	CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ HOT DOG WITH POTATO ROUNDS Wrapped Hot Dog Bun ^ Green Beans Fresh Apple* Mustard Ketchup Corn Muffin ^ Choice of Milk	FRENCH BREAD CHEESE PIZZA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ SunSet Sip Juice Fresh Broccoli Florets (IW) Light Ranch Dressing Fresh Pear* Pineapple Tidbits Mayonnaise Choice of Milk

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