# NOVEMBER BREAKFAST

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2** | **3** | **4** | **5** | **6** |
| Bagel w/ Cream Cheese<br>Apple Hand Pie | Vanilla Concha | Banana Muffin<br>Mini Strawberry Pancakes | Berry Apple Zee Zee Bar<br>Beef Sausage & Cheese English Muffin Sandwich | Strawberry Yogurt Parfait w/ Cinnamon Granola<br>Waffle |
| **9** | **10** | **11** | **12** | **13** |
| French Toast Sticks<br>Cinnamon Roll | Yogurt w/ String Cheese<br>Mini Maple Pancakes | | Yogurt w/ Honey Grahams<br>Sausage & Cheese Stuffed Waffle | Blueberry Muffin<br>Mini Strawberry Pancakes |
| **16** | **17** | **18** | **19** | **20** |
| Cinnamon Crumble<br>Waffle | Bagel w/ Seedbutter<br>Beef Sausage & Cheese Croissant Sandwich | Croissant w/ Grape Jelly<br>French Toast Sticks | Chocolate Chip Muffin Top | Yogurt w/ Honey Grahams<br>Mini Maple Pancakes |
| **23** | **24** | **25** | **26** | **27** |
| | | | | |
| **30** | | | | |
| | | | | |

| ***Breakfast Includes:*** | ***Featured Fruit:*** | ***RevUp Rewards:*** |
|---|---|---|
| Choice of 1% Low Fat White or Fat Free White Milk<br>Fruit of the Day<br>Vegetarian<br>*Cereal Served w/ Honey Grahams<br>*All Grains Are Whole Grain Rich | Apple (1/2 C),Pear (1/2 C),100% Fruit Juice 4 oz,Apple Slices (1/2 C),Banana (1/2 C),Orange (1/2 C) | Scan Our QR Code Daily<br>Complete the Survey<br>**You're Entered to Win!**<br>Drawings Monthly<br>Learn More and See Prizes:<br>www.revolutionfoods.com/revuprewards |

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# NOVEMBER BREAKFAST

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2 | 3 | 4 | 5 | 6 |
| | | | | |
| 9 | 10 | 11 | 12 | 13 |
| | | | | |
| 16 | 17 | 18 | 19 | 20 |
| | | | | |
| 23 | 24 | 25 | 26 | 27 |
| | | | | |
| 30 | | | | |
| Shelf Stable Cheerios Cereal, Honey Grahams, Applesauce, Dried Cranberries & Milk | | | | |

| ***Breakfast Includes:*** | ***Featured Fruit:*** | ***RevUp Rewards:*** |
|---|---|---|
| Choice of 1% Low Fat White or Fat Free White Milk<br>Fruit of the Day<br>Vegetarian<br>*Cereal Served w/ Honey Grahams<br>*All Grains Are Whole Grain Rich | Apple (1/2 C),Applesauce Cup (1/2 C) | Scan Our QR Code Daily<br>Complete the Survey<br>**You're Entered to Win!**<br>Drawings Monthly<br>Learn More and See Prizes:<br>www.revolutionfoods.com/revuprewards |

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SOCAL Breakfast SBP Days Off

# NOVEMBER LUNCH

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2** | **3** | **4** | **5** | **6** |
| Bean & Cheese Burrito w/ Corn Tajin<br>Orange Chicken with Brown Rice, Peas, and Goldfish Grahams | Parm Pizza Bites w/ Marinara Dipping Sauce<br>Pineapple Teriyaki Chicken w/ Rice & Diced Carrots | Mac & Cheese w/ Mixed Vegetables<br>Sesame Beef Bowl w/ Broccoli | BBQ Chicken w/ Baked Beans & Dinner Roll<br>Bean & Cheese Pupusa w/ Pinto Beans | Cheese Pizza<br>Pepperoni Pizza |
| **9** | **10** | **11** | **12** | **13** |
| Cheeseburger w/ Oven Baked Fries<br>Beef & Cheese Taco Stick w/ Corn Tajin | Penne & Meat Sauce<br>Bean & Cheese Burrito w/ Baby Carrots | | Cheese Tamale w/ Black Beans<br>Turkey Nachos w/ Refried Beans & Tortilla Chips | Cheese Pizza<br>Pepperoni Pizza<br>Turkey & Gravy w/ Mashed Potatoes & Dinner Roll |
| **16** | **17** | **18** | **19** | **20** |
| Chicken Bites w/ Mashed Potatoes | Beef & Cheese Taco Stick w/ Baby Carrots<br>Cheese Lasagna w/ Marinara & Graham Crackers | Bean & Cheese Pupusa w/ Curtido Salad<br>Chicken Alfredo Pasta w/ Peas | Grilled Cheese Sandwich w/ Roasted Fava Beans<br>Chicken Tamale w/ Pinto Beans | Cheese Pizza<br>Pepperoni Pizza<br>Crispy Chicken Sandwich |
| **23** | **24** | **25** | **26** | **27** |
| | | | | |
| **30** | | | | |
| Shelf Stable Kit - Seedbutter, Cheese, Wheat Cracker, Graham Cracker, Applesauce, Fava Beans & Roasted Chickpeas | | | | |

| ***Lunch Includes:*** | ***Veg of the Day:*** | ***Featured Fruit:*** | ***RevUp Rewards:*** |
|---|---|---|---|
| Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk<br>Fruit & Vegetable of the Day<br>Vegetarian<br>*May include an extra 1/2 cup veg for compliance<br>*All Grains Are Whole Grain Rich | Monday:Baby Carrots (1/4 C)<br>Tuesday:Celery Sticks (1/4 C)<br>Wednesday:Cucumber Slices (1/4 C) w/ Tajin<br>Thursday:Jicama Slices (1/4 C)<br>Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C) | 100% Fruit Juice 4 oz,Banana (1/2 C),Apple (1/2 C),Mandarin Orange (1/2 C),Orange (1/2 C),Berry Mixed Cup (1/2 C) | Scan Our QR Code Daily<br>Complete the Survey<br>**You're Entered to Win!**<br>Drawings Monthly<br>Learn More and See Prizes:<br>www.revolutionfoods.com/revuprewards |

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